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JUHU VILE PARLE GYMKHANA

(ISO 9001:2008 Certified Organisation)



Volume V • Issue 5 • December 2015

Publisher

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REACH US

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From the desk of President



Dilip Kathrani President

Dear Members.

I hope all members enjoyed celebrating the Diwali festivities in our club as much as I did. I wish to express my gratitude to my Team in the Office Bearers, Managing Committee and all the Sub-Committees for working together in tandem as a well tuned orchestra and making Diwali of 2015 as the most memorable Diwali celebrated in our club so far.

I am happy to inform – that my team and I have taken stock of the infrastructural needs of our club which need immediate attention and have started the process of attending to them.

Amongst the various projects, would be the complete renovation of the swimming pool. Considering that – while the renovation is under way – the pool will remain closed, the renovation work will be undertaken on an express fast track basis. Having said this, members can look forward to enjoying a brand new state of the art swimming pool in our club in the months to come.

The orchid banquet hall will also undergo total renovation and extension to increase the capacity.

Regarding the sports facility created on the terrace (without approval of the Managing Committee before my taking charge), I regret to inform that the terrace structure made was faulty in design & execution and ultimately has collapsed. By God's grace, no children or members or even our staff was present – and thereby – no casualties took place and thereby a major disaster was avoided. To add - the problem of water leakage which was to be solved by creating this sports facility has also not been solved and infact, the water leakage has increased. To arrest the situation, under the guidance of the Managing Committee and a recognized RCC consultant all steps will be taken to ensure that the terrace is fully equipped and safe. Once the work is carried out – the terrace will be opened for the use of members for sports and recreation but only after a thorough check on safety guidelines. I request members to bear with me in the meantime.

I wish to thank all members for the overwhelming response on the two important issues raised by me in the previous edition of this magazine; on whether spending 20 lacs per annum on lemon juice justified and also on the terrible state in which our basement (old) office was kept in. Based on your feedback - we have decided to discontinue offering free lemon juice and to initiate the process of digitalization of all official club documents. We aim to very soon achieve our goal of ensuring that the use of paper within our offices in the club is minimized and the club moves steadily towards being eco-friendly.

Despite the 'Speed in time', a fun filled December is here. So please come forward and partake in the fun & frolic this festive season. Hope winter shall bring out the woolens from your closet. On behalf of my team, I wish everyone – a Merry Christmas and Prosperous New Year.

Dilip Kathrani

(President)



Secretary's Note



Sachin C. Doshi Hon. Secretary

Dear Friends,

MY DEAR FELLOW MEMBERS,

Hope you all must have safely celebrated the month of November with your family & friends. Your club too had hosted various events like Dandiya, Diwali Dhamaka Musical Evening, Fire Cracker Show, Bollywood Karaoke Nite, 2 Piece Band Jeoffrey & Pallavi Roy, Electric Music by Raj Kapadia & Ekta and last but not the least "DJ Chetas BAR NIGHT"

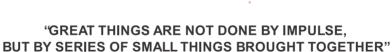
Under the able guidance of My Office Bearer colleague & Jt. Sec. Shri. Jinesh H. Choksi, our club also hosted the Squash Tournament (JVPG – ISP SQUASH CHAMPIONSHIP) and for the first time in our club "A STATE OF THE ART" Tennis Ball Machine was introduced in the Tennis Department.

Now keeping on my commitment of Effectively Utilizing our resources, I am planning to implement "Enterprise Resources Planning", ERP Software (without incurring any additional capital expenditure), which would integrate all the departments online & avoid unwanted duplication in purchases. Also, there would be a well defined path from raising purchase requisitions, generating purchase orders, to inspecting incoming materials & record of goods received note (Apologies for being too technical, but informing you all is a "MUST" too)

I have been able to negotiate better with few suppliers & service providers, resulting in saving a substantial amount (Details are being complied & shall be provided soon)

Thank you all very much for your constant co-operation, appreciation & feedbacks. I am sure, this ⊚ is making you all smile in our 2nd Home.

Regards, **Sachin C Doshi.** (Hon. Secretary)







From the desk of Hon. Joint Secretary



JINESH H. CHOKSI

Dear Members

Greetings to you all.

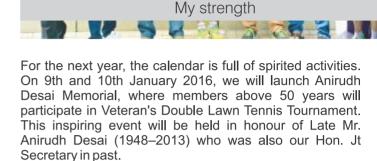
The month of December is just round the corner. It is not just the last month of the calendar year, but it also marks the time when all the activities and festivities reach a vibrant crescendo.

At the outset, I want to thank my members for giving me this wonderful opportunity to serve you all as Hon. Joint Secretary. Being the key person of Sports, since October this year, my aim is to enhance the core of JVPG - which is Sports.

Towards that, I wish to raise the bar in all events relating to this activity. Therefore in this short time, up until now, we had planned and organised JVPG-ISP, a Squash Championship which was held between 9th and 12th October 2015 with over 200 participants. Also, the thrill of 'Agua Magic" which was held on 28th October; was simply awesome.

In the month of October and November, we held the Tin and Bottle Jumble Tournament for Squash/ Badminton and Tennis departments. Close on the heels, we had highly rated Squash coaches from South Africa, who are also ranked 4 and 5 in their country, to train our budding champions. The training was well received by our youngsters and the event ended with a thrilling and exciting exhibition match between the two stalwarts.

Our Table Tennis department proposes to hold camp for the Maharashtra Cadet Table Tennis Team participating in the 'National table tennis championship 2015'. The camp is scheduled from 14th-22nd December 2015.



By the end of January 2016, we will have our most prestigious 'All India Open Tennis Tournament', with highest prize money in any club tournament in India. Furthermore, the most awaited ball machine for tennis department has arrived, to enhance the coaching facilities of our members.

We also endeavour to organize an 'Inter Departmental T20 Cricket Tournament' in January 2016.

Our Badminton department will be holding 'Junior Maharashtra League', first time in India in January 2016. They also proposed to hold 'G.D Birla Memorial Tournament' for members above 35 years, which will be one of the best played in Mumbai so far.

As always, my doors are open for any member to come in and share their ideas as well as constructive complaints to take Sports to the next level.

All this would not have been possible without the love and support of you all.

Thanking you.

With warm regards Jinesh H. Choksi Hon. Jt. Secretary







Editor Speaks

Dear Friends,

Welcome to the December'2015 edition of our club newsletter – 'Sandesh'. November has undoubtedly been one of the most eventful months in our club as we all celebrated Diwali with great pomp and show. Grand events were organized throughout the month and



Yash Bhuta Editor

our club indeed played the role of being our "second home". Kudos, to the management of our club and the members of the various sub-committees who worked tirelessly and meticulously

to organise the various events to perfection. In this edition, I have tried to capture the highlights of the events, to recap and relive the moments of joy.

Special thanks to Sonal Gokani for the very informative article on Learning Disabilities and to Shirish Barodia for the in-depth article on 'Making Photographic Visuals Beautiful & Meaningful'. It is overwhelming to see the enthusiasm from members to share information and articles for the benefit of other members.

So long November, December is on Her Merry Way. Various events and activities are planned to celebrate Christmas and the *New Year in our club – and members are requested to take note by* going through the 'forth coming events' section of the magazine.

I wish you a merry Christmas and may this New Year bring you all Joy and Laughter.

Yash Bhuta - Editor



DEC **20**

SR. CITIZEN - PICNIC

Sr. Citizen Sub-Comm. organised "Picnic" on 20th December 2015.

DEC 20

A TALK BY SHRI SUBHASH THAKAR - "MANORANJAN THI MANOMANTHAN"

Library Sub-Committee presents Subhash Thakar (A mimicry artist, poet and stand-up comedian) on 20th December 2015 from 10 am onwards at Jasmine hall. Limited passes available at MSD.

DEC 2/1

WINTER WONDERLAND CHRISTMAS FIESTA

Entertainment Sub-Comm. presents "Winter Wonderland Christmas Fiesta" on 24th December 2015 at Open Lawn from 5 pm onwards. Tickets will be available from 12th December onwards.

DEC 31

NEW YEAR EVE

Entertainment Sub-Comm. presents "New Year's Eve" on 31st December 2015. Bring in the new year to great music, fun, food & cocktails in the environment you love; with the people who matter.

JAN 07

SENIOR CITIZEN - NEW YEAR CELEBRATION WITH PONK & UNDHIYU

Senior Citizen Sub-Committee presents "New Year Celebration with Ponk & Undhiyu" on 7th January 2016, 6.30 pm onwards at Activity hall.

NOTICE

The ground floor "Indigo Bar" is now available for private party, for details contact Member Service Desk.

JAN 09

ANIRUDH DESAI MEMORIAL 50+VETERAN'S DOUBLES LAWN TENNIS TOURNAMENT

Lawn Tennis Sub-Comm. presents "Anirudh Desai Memorial 50+ Veteran's Doubles Lawn Tennis Tournament" on 9th & 10th January 2016 at Tennis court from 3.30 pm onwards.

JAN 17

"OROCHI AND KAALIA" – LIVE PERFORMANCE BY ANITA SALIM

The Library Team presents the widely celebrated Monologue on the Mythological subject of 'Orochi and Kaalia'. Jan 17 – 10.30am onwards. Passes will be available from Jan 05, 2016.

Contact Member Service Desk for more details.

LIQUOR PROMOTION - DECEMBER 2015

<u>Special Festive Offers</u> 01st to 30th December 2015

Buy 2 Get 1 Free

<u>01st to 30th December 2015</u>

2. Budweiser Pint Beer Buy 2 Get 1 Free

1. Miller Highlife Beer Pint

3. Peroni Pint Beer Buy 2 Get 1 Free

4. Chivas Regal 12y5. Absolut VodkaBuy 2 Peg Get 1 Peg FreeBuy 2 Peg Get 1 Peg Free

6. Ballantines Finest Buy 2 Peg Get 1 Peg Free

7. 100 Pipers 12y Buy 2 Peg Get 1 Peg Free

8. Black Dog Centenary Buy 2 Peg Get 1 Peg Free

9. Capt. Morgan Rum10. All Fratelli WinesBuy 2 Peg Get 1 Peg FreeBuy 1 Get 1 Free Pint/Glass

<u>Special Christmas Fiesta Offers</u> 24th & 25th December 2015

1. Budweiser Pint Beer Buy 1 Get 1 Free

2. Chivas Regal 12y Buy 1 Peg Get 1 Peg Free

3. Absolut Vodka Buy 1 Peg Get 1 Peg Free

4. Ballantines Finest Buy 1 Peg Get 1 Peg Free

5. 100 Pipers 12y Buy 1 Peg Get 1 Peg Free

6. Signature Buy 1 Peg Get 1 Peg Free
7. Smirnoff Black Vodka Buy 1 Peg Get 1 Peg Free

Offer till stocks last | No promotions on dry day Kindly maintain decorum | Drink responsibly



NEW ARRIVAL @ LIBRARY



Yash Bhuta Chairman, Library Sub-Comm.



Kalam A.P.J. Abdul Transcendence:-My spiritual experiences



Akbar M. J. **Byline**



Saran Sathya Baat niklegi toh phir



Forster E. M. A Passage to India



Baldacci David Keeper



Follett Ken On wings of eagles, Pillars of the earth. Jackdaws, Night over water, Third Twin



Sheth Amit Dare to Run



Manreet Someshwar The Hunt for Kohinoor



Khanna Twinkle -Mrs. Funnybones



Child Lee Hard way, Make me, Killing floor, Without fail, Visitor, Echo Burning, Persuader, Tripwire



Ishiguro Kazuo Never let me go



Gablot Deepa Take-2



Mccall Alexander





Sparks Nicholas See me



Raskin Ellen The Westing Game



Emma



Silva Daniel English Spy



Steel Danielle Betrayal, Hotel



Riordan Rick Percy Jackson & The Greek Heroes



Bagshawe Tilly Show



Rowell Rainbow Carry on



Vendome, Jewels



Om Kidz



Patterson James Private Sydney



Sugg Zoe



Gawande Atul Being Mortal



Shani Dev, Narad Muni,







Girl Online



Dev Sujata -Mohammad Rafi



Stilton Geronimo

Phoenix of Destiny, Rescue Rebellion,

Guru Nanak, Durga



Bhagat Chetan Making India **Awesome**



Narayanan Usha Pradyumna: son of Krishna



Singh Jay Arjun World of Hrishikesh Mukherjee



Riordan Rick Magnus chase and the sword of summer



Pattanaik Devdutt Success Sutra



Ohlsson Kristing Chosen



Rao Maithili Smita Patil: Brief Incondescence



Ray Chowdhury Mahabharata for young readers



Murakami Haruki - Pinball: 1973 wind



Smith Wilbur Golden Lion



Mehta Vinod Lucknow Boy



Patterson James Treasure Hunters: Dangers down the nile

Scamander Newt



Sen Amartya Country of first Boys



Dixon Patrick Future of everything



Roberts Gregory Mountain shadow



(Rowling J.K.) Fantastic Bears & where to find them, Quidditch through the Ages, Tales of Beedle the Bard

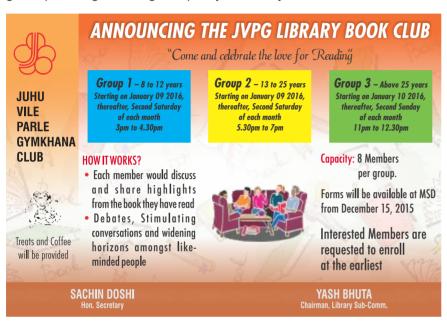


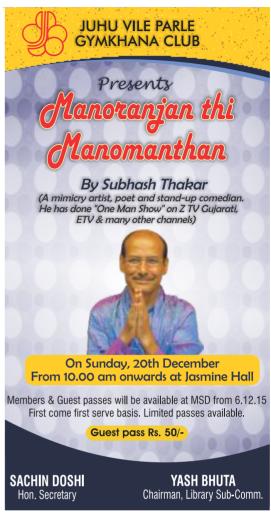
READ IT - LOVE IT - DISCUSS IT Love Reading? - Join The Book Club



Book Clubs for different Age Groups: To celebrate the passion and joy of reading amongst like minded members / friends within our club, the library team introduces Book Club for different age groups – starting from January, 2016.

For young adults – this kind of Book Club – could go a long way – in inculcating the love for reading. The underlying notion is that Children who grow up reading books – grow up very beautifully.





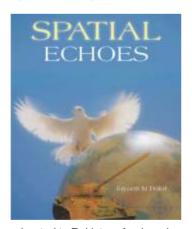
SPATIAL ECHOES - JAYANTI M. DALAL

n addition to our library by our member cum author Mr Jayanti Dalal, a Gujarati fiction writer who has written about 14 novels which have been translated and published in English, Hindi and Marathi.

SPATIALECHOES

What if the third World War breaks out? Could it be averted? Could the super powers with nuclear weapon try and control the religious fanatics, bent upon taking the world to the brink of mass annihilation? Two young boys Sanatan & Iqbal one Hindu and the other Muslim, living in a sleepy village of pre-partition India, were nurtured with ideals of patriotism and service to humanity.

After the partition of India, the boys were separated as Iqbal's family



migrated to Pakistan. As decades passed, both became renowned scientists in their respective countries. In the meantime, the third World War breaks out. Will either of them succeed in hatching their sinister design?

In Spatial Echoes, Jayanti M. Dalal vividly describes India in the days before independence,

Book Review By Shivani Khetan

fomenting questions of communal harmony, substance of world peace, the future of the world in the nuclear arm race and the chessboard gimmickries of the super powers bent on taking the world to the brink of mass destruction. This makes 'Spatial Echoes' quite a fascinating novel written by an Indian fiction writer.

'Spatial Echoes' written brilliantly about all kinds of violent epochs that thwarted the aspirations of the common people. As found in the vast expanse of recorded history is a contemporary novel of passion and intrigue. It enjoys cult status as a novel, that dares to ask crucial questions about the turbulent periods of history.

Jayanti M. Dalal, a well known industrialist and a lover of Gujarati and English Literature, is a devotee of God Saraswati. After experiencing successful in business. Javanti M. Dalal turned to writing novels. His novels are written with science as the subtext, yet weaved between sentences is compassion for humanity. His own world's experience shadows all his works, which lends a certain realism yet optimism to his stories. It is, therefore, no surprise that he has won many reputed awards, earning him a good name in the field of literature and International publications of "Who's Who"

Jayanti M. Dalal, has recently written a riveting novel "Spatial Echoes" on aspirations of a common man and his challenge to realise it.

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BOLLYWOOD EXPRESS



Dear Friends,

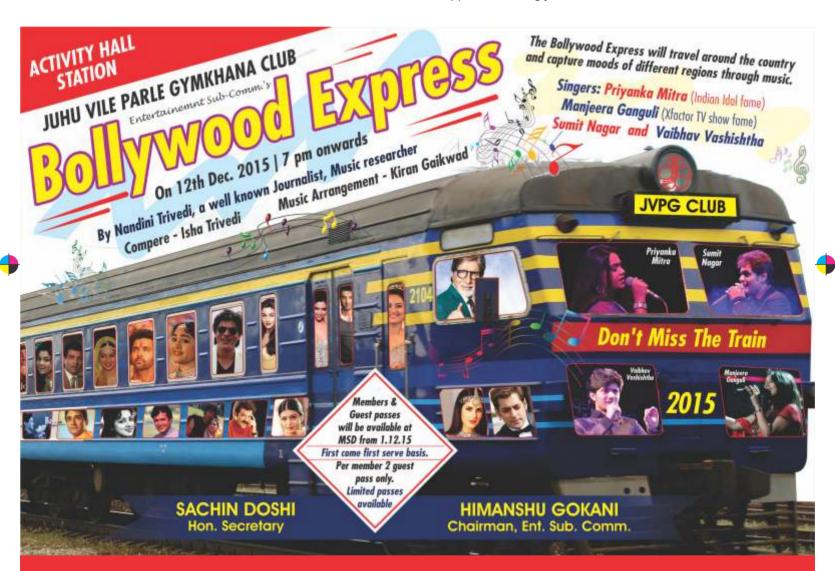
After very successful and magnificient 'Dandiya Raas' and 'Diwali Musical Dhamaka' by Kavita Murthy, It gives me immense pleasure to announce our upcoming show "Bollywood Express" on Dec 12, 2015.

Music is an integral part of our lives, which ignites various emotions. Music is serene, it is spiritual, it is fun, it is happiness, it is philosophical. As the Chairman of the

Himanshu Gokani Chairman, Entertainment, Sub-Comm.

Entertainment Committee of JVPGC, I wish to present to our members. Different shows, including musical shows that capture all these moods.

I assure that our members will get to see the best cultural show round the year. Looking forward for your continuous support. Thanking you.



Get ready to experience a roller coaster of emotions as you board the Bollywood Express and be a part of the musical journey of Indian cinema.

Over decades, Bollywood songs have struck a chord in people's hearts and this show will take you through a variety of songs influenced by elements of nature and diverse cultures of India.

The Bollywood Express will travel around the country and

capture moods of different regions through music.

The show is designed by Nandini Trivedi, a well known journalist, music researcher and editor of a life style magazine "Maari Saheli".

Your companions in this journey are singers Priyanka Mitra (Indian Idol fame), Manjeera Ganguli (Xfactor TV show fame), Sumit Nagar and Vaibhav Vashishtha as well as compere Isha Trivedi. So, don't miss the train.









JUHU VILE PARLE GYMKHANA CLUB

Presents

Winning Team Rs.50,000/

Runners Up Team Rs. 25,000/-

ANIRUDH DESAI MEMORIAL 504 VETERANS DOUBLES LAWN TENNIS TOURNA

9th & 10th January 2016. 3.30 pm onwards, JVPGC

A 50+ Memorial Tournament "Of the Veterans, For the Veterans, By the Veterans"



INTRODUCTION - THE MAN: THE LEADER: THE SPORTSMAN: THE VISIONARY:

Late Mr. Annirudh Desai (1948-2013), was one of the brightest luminaries of sports at the JVPGC.

He was a Tennis player all the way to his last days, a committee Chairman & a member of the Club's Managing Committee as well. His untiring efforts, devotion of duty & pioneering work in the sport of lawn tennis brought him many laurels, respect & the highest degree of sports recognition as Jt. Secretary for sports at the JVPGC.

An eminent humanitarian Mr. Desai emphasized on the utilization of sport for Human Development & contributed greatly for the building of our Lawn Tennis Department.

A born administrator, Mr. Desai was always in close touch with every branch of activity under his care. He will always be fondly & very respectfully remembered & honored for opening out vast opportunities for the present & future generations of sport at the JVPGC.

The Management, Lawn Tennis Department & Sports Fanatics alike at the JVPGC unanimously decided to name this 50+ veteran's doubles tournament in honor of Mr. Desai's memory for his many years of

"You moved on to a happier place.. but we will keep you alive & attempt at living up to all the standards you set"

SACHIN DOSHI Hon. Secretary

JINESH H. CHOKSI Hon. Jt. Secretary

TOURNAMENT DETAILS: JUHU VILE PARLE GYMKHANA CLUB - 022 26206016

- 1. This is a Veterans' doubles tournament. All Participants must be above the age of 50 as of 31 Dec 2015
- 2. Each club/institution must send in 3 lawn tennis doubles teams of 6 players each as one unit
- 3. Each Club can send in as many units of 3 teams as they would like, before 31st Dec 2015
- 4. The draws will be put up at the JVPGC lawn tennis board by the 5th of January 2016
- 5. The entire tournament will be played on the 9th and 10th Jan 2016 between 4pm & 10pm at JVPGC
- 6. Based on the number of entries the units of 3 teams will be distributed into 2 or 4 pools
- 7. There will be a Round Robin between all teams in each pool to decide the 4 semi finalists
- 8. Based on entries, the round robin semi finals & final formats will be decided & intimated by the 5th of Inn 2016
- 9. In each encounter, all 3 teams will play. The unit that wins 2 of the 3 encounters will advance
- 10. Entry fees of Rs.1500/per unit of 3 teams should be sent along with confirmation of participation
- 11. Tournament Director Dr. Vora's decision remains final on all matters & can change without prior notice
- 12. For information & darification: Dr. Uday Vora Tournament Director at udayyora@hotmail.com & +91
- 13. Alternative Tournament Organizers are Dr. T. Parekh +91 98200 64312 & Mr. K. Mehta +91 9820081768

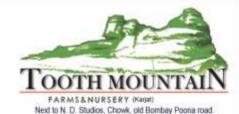
NIKHIL RAO Chairman - Lawn Tennis Sub. Comm.

DR. UDAY VORA **Tournament Director**

EXCLUSIVE FARM STAY

Maximum persons - 16 Adults (pets welcome) 4 Bedrooms (a/c) • Swimming pool • Games • Nursery • Lake • Lawns • Campfire Trekking & Kayaking on request + Pets welcome Home Food (veg / non veg)

for Tariff / booking - contact; Dipti Vichhi - Cell; 9820189326 Email; dipti.vichhi@gmail.com



www.toothmountainfarms.com









HARBHAJAN SINGH AT JVPG CLUB





he International cricketer and former captain of IPL team Mumbai Indians, Mr. Harbhajan Singh visited our club on 28th November 2015 in the early afternoon. He was warmly welcomed by Hon. Secretary Mr. Sachin Doshi, Hon. Jt. Secretary Mr. Jinesh H. Choksi and Mr. Rahul Joshi, Trustee, in presence of large crowd which had gathered at the entrance of the club.

Harbhajan Singh was then led to the Office Bearers' room where he was received by the President Mr. Dilip Kathrani, Vice President Mr. Mohan Jain, Treasurer Mr. Satish P. Shah and other Managing Committee Members.

He had requested for club membership and therefore was keen on seeing the club facilities. He visited all our sports department and was quite impressed with our facilities. He received a terrific ovation from the members and especially from the young crowd, who were milling around him while he visited the departments. Most of the members were trying to get his autograph and a selfie. Harbhajan was calm and composed through all this excitement and greeted all the members with a smile. We are sure, that he will be a role model for our budding cricketers and other aspiring sportspersons





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DHRUV SITWALA

Congratulations for winning the INVITATION BILLIARD CHAMPIONSHIP at Banglore (30.11.2015)

Current Asian Billiards Champion Dhruv Sitwala won "The Invitation Billiards Championship" at Bangalore en route making a classy record break of 654 in the Final. Top 8 players of the country had participated in the Championship. Keep it up Dhruv!





Martial Arts

OUR MEMBER BEAT THE WHITE'S IN THEIR HOMETOWN



ndia led a strong team of 58 members left for MALTA to participate for the World Championship from 13th to 15th Nov 2015 held at Malta. The Team was flagged of by HRD Minister Smt. Smriti Irani from Mumbai Airport on the 11th November 2015.

The team was trained by Dr Ravi Lalwani and Samurai Reshma Lalwani, who are our prestigious members and also Professional's and recipients of "Limca Book of Records".

Dr Lalwani and Mrs. Lalwani have two young sons Vedant and Tarush who are already World champions from last two year and this year they had one more mountain task to train their cousin Samita Amit Lalwani who is already a National champion from 3 years but a first timer "World Champion".

All these children trained for at least 10 hours a day from last two months went thru a strict chicken diet so we thank Juhu Gymkhana club for it, as every day we took different chicken delicacies parcel from Melting Pot.



All 3 children are fully trained Martial artist and can handle any situation. They taken part in semi contact Kumite (fighting), Weapons, Musical forms and full contact kumite and made India proud by winning. Vedant won a Bronze



in "open hand techniques", Tarush won a Silver medal in "Semi Contact Fighting" as well as 2 Bronze in "Weapons and Self Defense" and Samita won a Bronze in "Semi Contact

India came 4th in the World after excellent performances. There were 54 countries, 816 participants, our 22 member's team who are from Utpal Shanghvi Global School, out of which 19 students became World champions.

Dr Lalwani and Mrs Lalwani have given their life to Martial arts and are now known as Champion trainers & Martial Arts Couple.

They also visited Paris in a much tensed situation and managed it with ease by being calm and confident.







"A general is only as powerful as the army he commands"!! The difference between success and failure is a great team. Teamwork is the ability to work together towards a common vision. The ability to direct individual accomplishments towards organizational objectives. It is the fuel that allows common people to attain uncommon results.

Fortunately enough, I learnt this very early that no matter how smart, talented, driven, or passionate you are, your success as a leader in any organization and the success of that organization there, depends entirely on the leader's ability to build and inspire a team. A successful leader is one who can spur his team members to work well together toward a common vision and goals.

Talent wins games, but teamwork and intelligence win championships. We the leaders at JVPGC are here with one and one sole purpose only, to win and serve the members in a democratic way, because we know one thing for sure... "That none of us is as smart as all of us".

At this point allow me dear friends to introduce you to, perhaps the very best set of leaders, aka chairmen, JVPGC may have ever had and definitely the best set of visionaries and leaders, I ever had the pleasure of working with.

Nikhi| Prabhakar Rao: Chairman, Lawn Tennis Subcommittee:

When I first met Nikhil and heard all his plans, I was baffled to say the least, with the vision he had for his department. His ability to think out of the box, his knowledge and commitment towards wanting to give back to the department he has been representing for about 25 odd years and his enthusiasm towards serving his people is just so contagious. Here are some of the plans, the goal sheet "This live wire of a chairman" has in store for his department over the next few months.

Individual Portfolios: The very first innovative approach done at the subcommittee was to create a goal sheet and then based on willingness, ability and commitment; allot key portfolios to certain people.

Morning Tennis and Administration: Kirit Mehta, spear heads the morning session of tennis. His vision and direction, compounded with immense administrative abilities ensure the very smooth running of the entire department.

Revamp the coaching: Sanjeev Shah is the visionary. The addition of two mini courts has been highly instrumental in creating a robust methodology in the coaching department. We have been successful to re-align the batches not just as per convenience of time slots but based on the ability of students to train and grow together. We have further created a feedback mechanism for parents to stay aligned with the progress of their children, an online mechanism which is scheduled to go live very soon. We have also introduced a few new batches based on the convenience of members: (i) A ladies only batch to encourage women to get back to the sport. (ii) A advance coaching batch to prepare the next lot of professional tennis players from Juhu gym. (iii) A club team batch which trains in the evening and will represent our club at inter club championships. (iv) soon we will also commence weekend batches and camps.

A Ball Machine: This could not have been possible without the commitment and unrelenting effort of Dr. Tejas Parekh in realizing this dream. For the very first time in Mumbai a suburban club has procured a ball machine for coaching. The advantages of which are clearly visible in the excitement and the appreciation of the members.

Anirudh Desai Tournament: Dr. Uday Vora is the one man, the one-man-army if one may call it who makes all the tournaments



JINESH H. CHOKSI Hon. Jt. Secretary

at the department seem like a carnival of competitiveness and success. The tennis department got together and raised funds themselves to honor the memory of our late

sports sec Mr. Anirudh Desai and are having a tournament in January 2016. This will be a 50+ Veterans Mens Doubles Tournament where clubs are invited to send in their teams.

Nationals: Again Dr. Vora is the tip of the sword here. JVPGC has always boasted to have the best National Tennis championship held in the country. Its been 3 years since the last one and this year the department is gearing up to go one step higher and have another one in the last week of January.

Tin and Bottle Tournament: Dr. Vora and Dr. Tejas Parekh were the driving force to ensure the departments held its first "Tin and Bottle Tournament" in Nov and it was a grand event in terms of attendance and excitement.

Inter Club Friendlies: The department has organized to invite one club a month to our department to play with us and enjoy our hospitality, make new friends. learn new best practices through these associations.

Development of the Tennis Court: Rushab Mehta is burning the midnight oil as we speak, to ensure the department is soon to boast of a huge face lift in terms of its appearance and over all feel good factor in order to be able to be called as one of the best tennis facilities in the city of Mumbai.

Indoor Court: Abhijeet Muzumdar is keenly associated with this huge project and the possibilities of creating an indoor court to enable members to play in all weather conditions, 365 days of the vear. An endeavor to optimally use our minimal resources.

Evening Tennis and Booking Slots: Siddharth Shah and Chirag Alreja, hold these portfolios respectively. They have collectively streamlined all evening operations to ensure that the tennis courts welcome more members to be able to play and enjoy the facilities.

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nt, the developers reserve the right to change the layout, plans, specifications or features without prior notice or obligation. The details, images, sketches and elevation contained to fit the offer or contract. The area shown in the plan includes the column offsets and plaster thickness.





SR. CITIZEN - BINACA GEETMALA

Satish C. Shah Chairman, Sr. Citizen Sub-Comm.

he Sr Citizen Forum event of Binaca Geetmala by Dr Rahul Joshi was held on Nov 28th 2015, More than 280 plus music enthusiast Sr citizens attended this melodious evening which lasted for a duration of 3 hrs sans interruption.

The evening began with a welcome address by the Chairman Shri Satish C Shah, following which Dr Rahul Joshi and his team were felicitated with flowers.

Finally the compere of the evening Mr Amit Kakade began the much awaited program by explaining how the whole concept of the Binaca Geetmala had evolved and also spoke about the voice behind this amazing show - Mr Ameen Sayani.

Dr Rahul Joshi belted out 35 popular songs for 3 hours non-stop ranging from 1955 to 1973, in Solo and in duet with Priyanka - who sang the songs in Lataji's voice and Vaishali who sang in the voice of Ashaji. He was also accompanied by Pankaji who is the CEO for Baskin Robins. Pankajji belted out songs in the voice of evergreen Kishore Kumar.

The first song for the evening was from the most popular movie of 1955 'Nagin' and that was 'Man Dole Mera Tan Dole'. Another very interesting thing about this musical evening was when Dr Rahul Joshi first did an Aalap in Raag Darbari for another evergreen song 'Tu Pyaar ka Sagar hain' from the movie

'Seema'. This mesmerizing musical evening of Binaca Geetmala ended with the topmost song of 1976 which also happened to be the title song from the movie Kabhi Kabhie.

Before this song was sung, Mr Amit Kakade also gave a brief story of what happened between Ameen Sayani and Amitabh Bachchan, when the Big B had visited the All India Radio studio to meet Mr Ameen Sayani.

To make this event more memorable; Shri Mohan Jain our Vice President also sang a song.

At the end of the programme, the members enjoyed the delicious dinner which was catered by Aditi Caterers.























n 8th November, a Diwali Musical Dhamaka was organized by the Ent. Sub — Comm. under the Chairmanship of Mr. Himanshu Gokani. The Diwali festival goers were treated to some incredible non—stop music — Retro to Metro by Kavita Murti, Sanjay Sawant & Shiva. They were a super talented team of renowned singers & musicians who captivated the members & their guests.

The entire open fast food area was well lit enhancing the festive mood. For better viewing of our members & their guests, there were large sized LED walls, a screen on the first floor lobby &

plasma in the front lobby. The 3 way sound with base was splendid.

To compliment the great evening a wide choice of beverages were available in our Activity Hall. A food court was setup by Aditi in our front parking area. Mr. Shashank Narsaria of 7 Oceans group of events & Ent. got us sponsorship of a cool drink 'Chyll'. Our member Mr.Digant Champaneri arranged a sponsorship from Kedia Builders. Our Trustee Mr. Bhupen Chheda of Roman Group also sponsored the event & arranged for the same from Rajesh Developers.

All our Office Bearers, President-Shri Dilip Kathrani, Vice President-Shri Mohan Jain, Hon. Sec.-Shri Sachin Doshi, Hon. Treasurer-Shri Satish Shah & Jt. Sec.-Shri Jinesh H. Choksi graced the occasion with their presence throughout the evening. Bouquets of flowers were given to Kavita Murti & her team, by our President Shri Dilip Kathrani.

The wonderful musical event was well attended. The great success of the event was due to the sincere effort put in by Shri Himanshu Gokani & his team.



















CHANDNI BAR NITE BY DJ CHETAS

n continuation with the celebrations of fun & festivities the Bar & Catering Sub-Committee under the Chairmanship of Mr. Sunil Shah organized "Chandni Bar Nite" on 14th November in Float Bar with the popular DJ Chetas. He was accompanied by DJ Amit.

DJ Chetas ranks No. 59 in The Top 100 International DJ's List of 2015, he has taken Indian Music to the World & No. 1 in India. Chetas regaled a crowd of 450+ members & their quests belting out biggest hits. All the revellers were ecstatic & had a rocking time. Abundant food & drinks were available.

The event was very well executed by Mr. Bipin Morjaria, Mr. Anil Mahesh, Mr. Himanshu Gokani & Mr. Vishal Morjaria & well co-ordinated by Mr. Jagdish Soda. Our Hon. Secretary-Shri Sachin Doshi & Jt. Secretary-Shri Jinesh H. Choksi were present throughout the event.

A token of appreciation with a bouquet, was given to DJ Chetas by Mr. Sunil Shah & a bouquet to DJ Amit by Mr. Himanshu Gokani. The huge crowd gave a loud applause to DJ Chetas, making this one of our most memorable events.



Sunil Shah Chairman Catering & Bar Sub-Committee



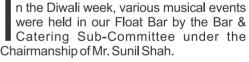




EXCITING EVENTS @ FLOAT BAR







On 10th November a "Karaoke Night" was organized by Mr. Himanshu Gokani & D. J. Amit. There were interactive entertainments with the young & old; singing popular songs. Ami, Hemant Kamdar & Krishna Gokani with their respective groups showcased their talent & were declared the winners. The members & their quests were merrily dancing & all had a gala time.

On 11th November - a two piece band of Geoffrey & Pallavi Roy was organized by Mr. Himanshu Gokani. They were super & all had an enjoyable evening.

On 12th November - members & their guests enjoyed the eclectic music by Raj Kapadia & Ekta which was organized by Mr. Jagdish Soda.

All the evenings had a lot of buzz, enticed our festival goers & were well attended. A unique identity was created each day in our Float Bar by lively festivities.





JVPG-ISP SQUASH CHAMPIONSHIP-LEAGUE 2

JVPG organized a JVPG-ISP Championship League-2 from 4th of November to 7th November this year.

The event was held under the auspicious of Squash Racquets Association of Maharashtra and organized by Indian Squash Professionals.

There were more than 70 participants in this event. The championship were as follows :Doubles Handicap, Boys/Girls Mixed U-9, Boys U-11, U-15, U-21, Girls U-13, U-17 and Women's Open.

Many had come to witness the exciting championship which was arranged by Squash Sub Committee headed by Bhavesh Shah, ably supported by Hon. Jt. Secretary - Jinesh H. Choksi.

JVPG Club was the venue sponsor.



Bhavesh Shah Chairman Squash Sub-Committee



SQUASH COACHING CAMP









VPG held a coaching camp in Squash which was held from 4th to 18th November 2015.

Renowned coaches from South Africa, JP Brits and Christo Potgeter were invited to demonstrate an exhibition match, as well as to train the squash enthusiasts.

Abilities and competencies like: Flexibility, Fitness, Strengthening, Matchplay, Skills were shown and imparted.

32 members energetically took part in this camp. There were 17 kids. 5 adults and 10 kunwar kids.

The exhibition match was held on 18th November at 7pm on Juhu Gymkhana Squash Court.

BADMINTON TIN & BOTTLE JUMBLE TOURNAMENT

Bolstering the main aim of the Juhu Gymkhana, a 'Badminton Tin & Bottle Jumble Tournament' was held on 1st November 2015 at JVPG. More than 65 members participated in this event.

This was the first time such a tournament was held at the Club under the Chairmanship of Mr. Rajiv Soni.

The club will organize another match 'Badminton Triplets Tournament' which will be held on 20 December 2015.

It will also hold a 'Junior Maharashtra Badminton League' in January 2016, which will be held for the first time in India.

The winners in the junior category of 'Tin and Bottle' were: Dhruv Rupani & Shaurya Kandoi.

Runners up were: Ushma Mehta & Nandish Khandhar

In the senior category, the winners were: Rajiv Soni & Jatin Shah

While the runners up were: Sagar Patel & Rushabh Mehta

As the number of students in the badminton AIM coaching are increasing, the committee has planned to start another badminton court on the club terrace.



Rajiv Soni Chairman, Badminton Sub-Comm.



The Committee will propose to hold a 'G.D Birla Memorial Tournament' for all members above 35 years, which will be one of the best played series in Mumbai so far.

PAST EVENTS

LIL CHEF AT PLAY

Carrot, Cucumber, Chocolate and Cake, come and see how I bake...

JVPG welcomed Children's Day 14th Nov. & 15th Nov. 2015 with a Culinary Workshop conducted by Urvi Parekh of "The Juniors Club" for age group 5-12 years. Colorful aprons and treats galore made them earn a score.

Children indulged in chocolate making, tarts were rolled, cheesy toasts were Chairperson, Women & Children baked, mojhitos were topped. Mystery box was a super hit and children's innovation was showcased. The event was organized by Women & Children Activity Sub-Committee which was a great success.







Darshana Kothari Activity Sub-Committee

















JO BHI HAI – BAS YAHI PAL HAI

By Kajal Oza vaidya

he library Sub- Committee and the Committee for Women & Chidren, jointly organised a talk by the renowned author – Kajal Oza Vaidya on November 29 – 2015 at the Activity Hall.

The talk was attended by more than 400 members and owing to the overwhelming demand - live telecast of the talk was arranged on a screen set up in the main lobby of the club. As expected the talk was extremely thought-provoking, inspiring and left members with a lot of food for thought.

The highlight of the talk was when -Kajal Oza Vaidya – struck a similarity between the way, we hold things on our minds and with the way, we store not required junk in the overhead storage of our houses. She went on to site the typical situation - how each year during Diwali, we would typically insist in cleaning the overhead storage of our houses, with the intention of disposing off the not required items - and then,





Yash Bhuta Chairman, Library Sub-Comm.

somehow - we would one by one store all the items back into the storage without disposing anything owing to the underlying misconception- that perhaps someday - those items would be useful to us, while in reality - we end up storing a lot of useless items leaving little room for items which need to be stored

The entire talk - was based on real life situations - which made her connect seamlessly with the audience who in turn applauded her talk and thoroughly enjoyed it. Overall – it was a very well received talk and program – which ended with a vote of thanks - and assurances by the Library Sub-Committee and Women & Children Activity Sub-Committee to come up with many such programs in times to come for the benefit of members.





STAFF BEST DRESS COMPETITION



On the day of Dhanteras, the staff was requested to turn out in their glad rags, that means in their best clothes to compete in the dress competition held at the club for the first time, at the instance of the Hon. Secretary Mr. Sachin Doshi. All our staff responded sportingly and turned out in colorful clothes to participate in the competition.

The judges for this competition were Mrs. Kavita Doshi, Mrs. Meghna Choksi and Mrs. Sonal Gokani and the results were declared by Mrs. Sonal Gokani.

Female winners:

1st-Pushpa Vichare 2nd-Samragwni Nayak 3rd-Nidhi Ghole

Male winners:

1st-Vipul Desai 2nd-Bharat Valia 3rd-Nitin Ghole





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LEARNING DISABILITIES





Sonal Gokani Special Educator Sonalgokani10@gmail.com 09324284809

Learning Disabilities have been defined as a problem in the acquiring of developmental skills, academic achievement, social adjustment and secondarily emotional growth and development as a result of perceptual and linguistic processing deficits.

ometimes there are apparently inexplicable blocks to learning which prevent intelligent children from reaching their potential in the classroom.

The blockages can be so difficult to pinpoint that no-one is aware of the real problem. Consequently, the frustrated and withdrawn behaviour which results is often blamed as the cause of the problem. Many times, the finger is pointed directly at 'poor parenting'. The end result though, is that up to 20% of children are not achieving the academic results, that their intelligence indicates they should be capable of achieving.

What is LD?

The initials, 'LD' are used for brevity and stand for the term 'Learning Difficulties' or 'Learning Disabilities'. The group of people with this problem are also referred to as having 'specific learning disabilities', a more correct term, because it also infers neurological disorganisation.

Learning Disabilities have been defined as a problem in the acquiring of developmental skills, academic achievement, social adjustment and secondarily emotional growth and development as a result of perceptual and linguistic processing deficits.

The term LD does not include children who are not learning because of emotional problems, sickness or poor teaching.

Among a number of other terms used to describe the problem are minimal brain dysfunction, dyslexia, and attention deficit syndrome.

Move to Learn chooses the term 'Learning Difficulties' to reflect the belief that the difficulties can be largely overcome.

By far the majority of children presenting with LD have problems in the area of integration. Complex tasks such as reading, writing, spellings and mathematics require quite sophisticated integrated neurological and physical activity and if a child is immature in this area, sophisticated activities will be stressful and slow at best.

Close links have also been identified between the inhibition of primitive reflexes and the attainment of gross-motor milestones. Primitive reflexes play a crucial role in infant and pre-natal survival, but should be inhibited as a child moves through normal child development. If this doesn't happen, they can seriously impact on academic learning.

More details to follow in the next issue...



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Member Column:

MAKING PHOTOGRAPHIC VISUALS **BEAUTIFUL & MEANINGFUL**



Shirish Barodia (F-844) sbarodia@yahoo.com



The mechanism of creating a visual, is 'SCIENCE' and the ability to compose a frame to elevate aesthetics and expressions, is 'ART'!

[Light Blue and orange lines seen in the lower part of the image is the result of moving double dacker bus and other vehicles passed during the longer time shutter speed exposure. This picture is created by Shri Prakash Khatiwala - Life Member of the JVPG Club, on his full frame camera)

"Poema pictura loguens! pictura poema silens!" (Poem is a speaking picture. Picture is a silent poem.)

HOTOGRAPHY is an ART, a CRAFT, and a SCIENCE. The involvement of LIGHT ENERGY, LIGHT SENSITIVE MATERIAL, AND THE PRINCIPLES OF OPTICS give shape to the creator's vision. The mechanism of creating an image, is 'SCIENCE' and the ability to compose a frame to elevate aesthetics and expressions, is 'ART'!

Difference between the photographer's expectations and the results that he achieves is his learning curve. A skilled photographer weighs all his past actions to achieve best results in his future visuals.

DIGITAL TECHNOLOGY:

It has already been a long time, since film-roll manufacturers like Kodak. stopped production. Reason? FILM TECHNOLOGY in PHOTOGRAPHY, is now completely replaced by DIGITAL TECHNOLOGY, However, certain basic principles and functions as indicated below remain the same whether you shoot on film or choose to go digital:

- * Clear objective and purpose
- Quality and Intensity of light on the subject and light sensitivity [ISO] of the film/digital sensor
- * Appropriate exposure opted combination of Aperture (amount of lights) and Shutter Speed
- Optical element lens and its focal length/angle of view
- * Composition of the frame with due importance to the main object
- * Post picture taking functions

KNOWING YOUR CAMERA:

Photography is an intricate process that involves various functions and features. It is very important to know the options available with the camera to be used. Since the result achieved will depend on multiple factors, photographers' past experiences will help them to set optimum shutter speed, aperture, focal length, ISO, white-balance, etc.

COMPUTER CORRECTIONS AND **USEFULSOFTWARE!**

Furthermore, advent of digital cameras has resulted in better image developing processes. Digital images are a collection of pixels that store information of colour and light. Many image processing software are available to edit, re-edit, and reproduce images. Almost all aspects of the image, from colour tone to exposure to framing, could be manipulated using computer software.

If RAW FORMAT image recording is opted on the Camera and selected, more editing options are available. These are specially best for low-light photography.

DIFFERENT TYPES OF PHOTOGRAPHY:

Most photographers specialise in a specific kind of photography. Naturally, the photographers inclination towards specific subjects and his skill-sets are defining factors

in the choice of the type of photography. Each category has certain required characteristics for both the photographer and the camera:

- * Landscape Travel and Tour
- * Sports and similar events
- * Portraiture and Fashion
- * Product, Food, Jewellery, Macro
- * Press Journalism Story-Telling
- * Events including Weddings etc.
- * Wild-life, Nature, Bird
- * Night, Fire-work, Illuminations etc.
- * Medical including Dental
- * Science, Astronomy, etc.
- * Documentary, Educative, etc.
- * Candid Events and Accident

This is the time of year, when we see a lot of fireworks and lightings, so, for this article, we will focus on NIGHT PHOTOGRAPHY – including FIRE-WORKS, ILLUMINATIONS etc.

NIGHT PHOTOGRAPHY – INCLUDING FIRE-WORKS, ILLUMINATIONS etc.

A camera, in normal circumstances, captures 1/3rd of the light that human eyes are capable of capturing. In lowlight conditions, light sources are often scattered across the frame. Still, naturally available light could be used to create awe-inspiring visuals. No matter how good a camera's ANTI-SHAKE feature is, one needs to avoid any movement while shooting at lower shutter speeds. Using a tripod and camera with SELF - TIMER / REMOTE SHUTTER / MIRROR LOCKING features can be used to get better effect. ISO should only be increased as a last resort, as higher ISOs may result in PIXELLATION.



TIPS FOR NIGHT PHOTOGRAPHY:

- * A wide angle lens (f/11 or f/16) is preferred for cityscapes/landscapes.
- * Photo bleeding can be avoided by using a LENS-HOOD to stop stray light-rays to enter the lens and act.
- * Any fast moving bright object creates beautiful motion-blur effect in front of darker backgrounds. This effect could be used to create amazing artistic visuals.



TIPS - CRACKER PHOTOGRAPHY:

* It is difficult to pre-judge the path of fireworks. With almost the same rules

- as that of night photography, the camera must be pointed at the prospective frame in advance.
- * Capturing fireworks or lightening requires great practice and patience. Shoot at longer exposure time and zoom-in or zoom-out to the main object. With practice, you may get an amazing image.

TIPS-ILLUMINATIONS:

- * Beautiful lighting decorations should be captured without flashlight.
- * Using special suitable filters can produce amazing / artistic results.

Night/Low-light photography will take time to perfect but once mastered, results are awe-inspiring.

CONCLUSION:

Photography is a great creative tool. By understanding the importance of lighting, depth of field, and different results achieved by using different accessories, one can capture and create stunning visuals.





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