



JVPG CLUB

Elected Office Bearers for Years 2016



MR. SHAMIT T. MAJMUDAR
President



MR. BALKISAN D. SANGHVI
Vice President



MR. HIMANSHU V. GOKANI
Hon. Secretary



MR. SATISH P. SHAH
Treasurer



DR. OJAS D. DAVE
Hon. Joint Secretary

From the desk of the

PRESIDENT



SHAMIT T. MAJMUDAR
President

I thank the members of the managing committee and all of you for having reposed faith in me to head our august institution with team of my office bearer's whose focus will be to bring more transparency in working, to promote various sports and other activities including for women's and children which can bring more participation of all age group.

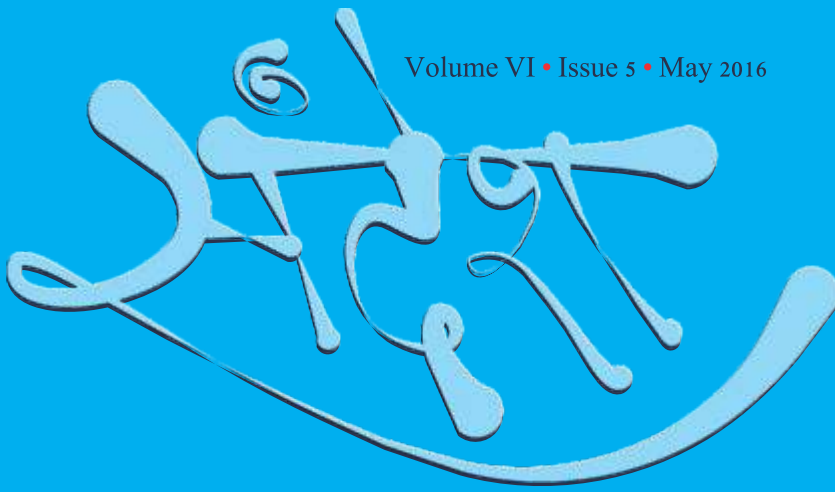
We the Office bearers had brain storming session and unanimously concluded that we have to find the ways and means by which we can reach all the members of the club and at the same time to give facilities and events by which maximum members can participate and are actively involved.

Our endeavor is to maintain high standards and to begin with a request, to one and all, to observe self discipline and treat the club as your second home by duly observing all the rules and regulations.

Best Wishes and Regards

Shamit T. Majmudar

President



SWIMMING POOL READY FOR SPLASH



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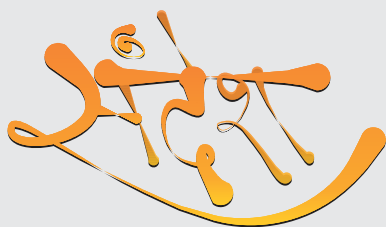
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Juhu Vile Parle Gymkhana Club



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Secretary's Note



Himanshu Gokani
Hon. Secretary

The Juhu Vile Gymkhana Club apart from being a great institution providing state of the art infrastructure and sports facilities for its members, is a democracy, a system of governance by the whole population of the club, where representatives who manage this great institution are elected by the majority of its members in the annual ballot.

This year, this principle has been upheld like never before, when you, the members chose to cast your vote and elect the team who predominantly believe in a transparent governance

In return we assure you, going forward that this will remain an institution "Of the Members, For the Members, By the Members", where every opinion will be heard, every challenge addressed immediately and every decision taken, be a selfless one, with one goal alone: To ensure JVPD rises too and is recognized as one of the top 3 preeminent clubs of sporting excellence and recreation in India over the next 3 years. That is the one solemn vow; we the new Office Bearers promise each one of you.

We the new ascendancies at the JVPD have a whole new set of apparitions, which we plan to put into action almost immediately. We realize that our club as a huge and very diverse set of individuals who visit us on a daily basis, both for the purpose of sports and recreation. We intend too (and the last 6 months are testimony enough of this endeavor) ensure we have a sufficient surge in both, sports which will put our youth and individuals to test in competitive and contesting environments and a lot of recreation too, full of activities essentially self-chosen for intrinsic rather than extrinsic ends for our toddlers and senior citizens to participate in, for self-satisfaction in their leisure time.

In closing we would like to welcome the newly elected managing committee member on board, being Mr. Jayesh Motasha and the re elected two, being Mr. Sachin Doshi and myself. We wish Mr. Motasha a successful tenure in the management and would like to thank Mr. Sachin Doshi for creating and delivering such benchmarking visions of excellence in his tenure as past Secretary.



Finally, we plan to give our Magazine a whole new face lift in the next few months. We have our very own member, the young, dynamic and very talented Nikhil Prabhakar Rao who will be taking over this magazine, as chief editor, and if his ideas are anything to go by, folks, we are sure in for one hell of a revamped, young, energetic and very vibrant overhaul of Sandesh. We wish him all the very best.

Exciting times ahead comrades and together we can, and definitely will make this boundless institution a prominent location on the domestic map of our country.

Should any of you need us for absolutely any requirement, we the office bearers at JVPD remain available at all times !!

Thank you and lets have a wonderful year ahead !!

We Are For Members!

From the desk of the Hon. Joint Secretary

Dear friends

Greetings

At the outset I would like to thank each and every member of the Managing Committee 2016 for having reposed faith in me and unanimously electing me to the post of Hon Joint Secretary.

We have 9 sports sub committees which are akin to 9 pillars of the club. I look up to the sub-committee to partner me and help serve you, THE MEMBER, to the best of our abilities.

An eagerly awaited sports event in our club is the "Champion of Champions" (COC). COC is a month long, multi sport event wherein each sports department is represented by a team. New talents surface, new friends are made and a sense of healthy competition prevails amongst all teams.

Every edition of COC has had a different format, right from formation of teams to tie breaker events making it exciting and unpredictable while remaining fair.



Dr. Ojas D. Dave
Hon. Jt. Secretary

While for the organisers, it is a humongous exercise in logistics and planning, for the participants, it is a test of stamina, skill and determination. Overall it is a very fulfilling experience for all.

I intend to start preparations for COC 2016 as soon as the Sports sub committees are formed.

I solicit your support in ensuring that it becomes a roaring success.

The inaugural Juhu Run was a runaway success with almost 1700 participants. Members have already commenced training for the next run. Details of the training sessions are available at MSD. Date for next edition of Juhu Run will be announced in due course of time.

I wish you a safe and pleasant vacation.

Dr Ojas Deepak Dave
Hon Joint Secretary



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UPTO 31ST MAY 2016

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Gymkhana Club*

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Mumbai Suburban District Table Tennis Association Inter-Club Annual League 2016

Division II to IV league matches from 9th to 14th. I division league matches from 26th to 29th May 2016 at JVPJ Club. Finals all divisions will be held on 29th May 2016 followed by prize distribution.



New Born Baby

There is only one pretty child in the world and every mother has it.

Welcome to JVPG Club Family.

Membership Number:- L-2760
Name of the Child :- Raveesh
DOB:- 4th May 2015
Name of Father :- Harshal Ambani
Name of Mother :- Bijal Ambani



Membership Number:- L-1543
Name of the Child :- Dhanvin
DOB:- 9th August 2014
Name of Father :- Dhruv Vora
Name of Mother :- Sheetal Vora



Mem. Number:- L-3732
Name of the Child :- Kavya and Kavisha
DOB:- 29th Nov. 2015
Name of Father :- Rishabh Bhojania
Name of Mother :- Surbhi Bhojania

ALTERNATE ARRANGEMENT FOR SQUASH PLAYERS

The renovation of squash court gallery will commence from 12th May 2016 and hence the court will be closed for next three months. Alternate arrangements for the junior squash members have been done at Millenium Club from 3 pm to 5 pm every day except Monday. Similarly arrangement for the senior squash players are done at Otters club between 6 to 9.30 pm on all days. For further details please contact Mr. Damodarn, Sports Manager.



UPCOMING EVENTS



**MAY
26**

MUMBAI SUBURBAN DISTRICT TT ASSN. INTER-CLUB ANNUAL LEAGUE 2016

1st Division League matches & women's league matches starts from 26th May 2016. Finals of all divisions & prize distribution on 29th May 2016.

**MAY
28**

MAGIC SHOW

Children & Women Activity Sub-Committee presents Magic Show on 28th May 2016 at Activity hall 3.00 pm onwards.

**MAY
30**

SPEECH & DRAMA WORKSHOP

Children & Women Activity Sub-Committee organising "Speech & Drama Workshop" on 30th May to 1st June 2016. Age 3-6 year.

**JUN
12**

HANUMAN KI RAMAYAN

Children & Women Activity Sub-Committee organising "Hanuman ki Ramayan" a hindi play by Gillo Theatre Mumbai's, Story - Devdutt Pattanaik. 12th June 2016 at Activity Hall. 5.30 pm onwards

**JUN
18**

COOKING WORKSHOP

Children & Women Activity Sub-Committee organising a cooking workshop conducted by the famous chef Gautam Mehraishi on 18th June 2016 at Activity Hall 2pm onwards

VALET PARKING SERVICE AT THE CLUB

Jay Ambe enterprises is providing the valet parking services at the front gate from 6pm to 11 pm daily. The free parking service is for all days and primarily available for the clubs members only.

The norms for availing the valet parking are as under:

- The Jay Ambe staff will receive the car at the front gate and will issue a token to a vehicle owner.
- The vehicle will be accepted on the basis of club car sticker displayed on the front glass of the vehicle.
- The vehicle will be accepted at the owner's risk only

Any complaint /incident in regard to parking will be dealt with by the Jay Ambe management only.



SWIMMING POOL READY FOR SPLASH

On Maharashtra Day i.e. on the 1st May, 2016, the renovated Swimming Pool was reopened in the morning at 10.30 hours. The then Office Bearers, Vice President, Shri Mohan Jain, Hon. Secretary Shri Sachin Doshi, Hon. Treasurer, Shri Satish Shah Hon. Jt. Secretary, Mr. Jinesh Choksi were present for the opening function, which was performed in a very simple and sober manner by one of the Managing Committee members and Senior Citizen Dr. Damania, in the presence of some Managing Committee members and Swimming Pool members. The members greeted the decision of the Office Bearers and it was evident by the large turn-out of members ranging from toddlers to senior citizens, enjoying the cool sparkling blue waters of the pool to beat the sweltering heat of the summer season on the very first day.

Though, the members had to wait for about three months, it proved fruitful for the members since the renovated pool with its pitch black and snow white borders and clean blue waters looks inviting and colourful to any member who visits the swimming pool. Besides that the pool has now got a facility to get immediate information on the water

quality which is displayed at the pool Reception counter. The senior citizen will also feel now more relaxed while getting into the pool because of the specially made Ladder provided at the one corner of the pool for their convenience and safety. We are sure that many members with their guests will now be visiting the Swimming Pool to enjoy the facility to the fullest.



Nikhil Thanawala
Chairman,
Swimming Pool Sub-Comm



LIVE TELECAST OF THE MANAGING COMMITTEE MEETING

In the history of the JVPG Club where an important decision was taken to do a live telecast of 465th Managing Committee proceedings for the benefit and information of the members.

Tuesday, 3rd May, 2016, is a significant day in the history of the JVPG Club where an important decision was taken to do a live telecast of 465th Managing Committee proceedings for the benefit and information of the members. It was not only a step, but a leap in the quest for transparency in all Club matters. So far, the avenue for open discussions was in the AGM and SGM called by the Managing Committee. But now with this decision, taken by the majority of members of the Managing Committee, it has become easier for the members to understand the deliberations made at the Managing Committee by attending the live telecast of the meeting. This would also give the members a good idea as how the points are

discussed and the decisions are taken by the Managing Committee. The credit for this would go to the former Office Bearers, especially the then Hon. Secretary, Sachin Doshi who initiated the proposal for live telecast and successfully brought it before the members.



RESULTS OF THE OFFICE BEARERS ELECTION

The Office Bearer results as under:

For President post:

Name of Candidate	No. of votes
Shri Jayant D. Sanghvi	1
Shri Rajesh S. Shah	10
Shri Shamit T. Majmudar	14

For Hon. Secretary post:

Name of Candidate	No. of votes
Shri Bhargav N. Patel	9
Shri Himanshu V. Gokani	16

For Hon. Joint. Secretary post:

Dr. Ojas Dave was elected unopposed.

For Vice President post:

Name of Candidate	No. of votes
Shri Balkisan D. Sanghvi	19
Shri Ramesh N. Pardiwala	6

For Hon. Treasurer post:

Name of Candidate	No. of votes
Shri Ramesh N. Pardiwala	8
Shri Satish P. Shah	17

President thereafter called Shri Shamit Majmudar to occupy the chair and also presented a bouquet of flowers to all elected Office Bearers.





Himanshu Gokani
Chairman
Entertainment Sub-Committee

JANE KI ZID NA KARO...

It was a melodious Saturday evening remembering the golden songs of yesteryears.

The Entertainment Sub-Committee had arranged "Jaane Ki Zid Na Karo..." a musical program for members and guests. The songs such as "Pyar hua ikar hua, Wo jab yaad aaye, Suhani raat dhal chuki..." were beautifully rendered by Varenym Pandya, Aalap Desai, Shraddha Shridhrani, Manjeera and Vaibhav Vashishtha.

There were about 350 to 400 members and guests who enjoyed the evening, singing along and swaying to the melody. The program was held on 30th April 2016 at the Activity Hall. It was organized by Himanshu Gokani, Chairman of the Entertainment Sub-Committee, and his team.

At the starting of the program Mr. Himanshu Gokani, Chairman, Entertainment Sub-committee addressed the big gathering. He spoke from his heart, and said that he wants to give a big thank you to all members and other dignitaries for giving stupendous response for all the programs such as Diwali Dhamaka Musical Evening, Navratri Celebration, Jab Pyar Kisise Hota Hai etc. and The Mega Bumper Housies which were held in open Aditi fast food area in

presence of enthusiastic large number of members and their guests. He further said that he and his team along with the chairperson of Children & Women Activity Sub-committee, Senior Citizen Sub-committee and Bar & Catering Sub-committee endeavored to provide best of the entertainment for the appreciative audience and he is very happy to state that all their efforts have paid rich dividends by way of repeated applause from our audience. But this is not end of the road and they shall strive further to bring in more recreational and entertainment activities in their fold to raise the standards of entertainment of our club to much higher heights.

He further promised to all members that along with the chairman of all department ie. sports & administration department with positive co-operation & support from all respected Managing Committee Members and Trustees would like to work towards the betterment of our prestigious club and his dream & goal is that this club (JVPGC) should be acknowledge and counted in the first top three clubs of our premier city and in the first five of India.





SR CITIZEN INTERNATIONAL TRIP TO **UZBEKISTAN** April 17 – 23 2016



In the wee hours of Sunday 17th April at around 3.30 am, an enthusiastic group of almost 40 Sr Citizen members assembled at the International airport to catch their flight for their trip to Uzbekistan.

The travel arrangements of this trip were made by Kulin Kumar holidays.



Satish C. Shah
Chairman, Sr. Citizen Sub-Comm.

The members took a flight from Mumbai to Delhi and then to Tashkent, Uzbekistan. They reached Tashkent by around 2.30 pm in the afternoon. The time difference between India & Uzbekistan is only half an hour so luckily the jet lag factor was not there.

After clearing immigrations the members enjoyed delicious lunch before checking in at the hotel. The rest of the afternoon was free time to relax, before everyone gathered for dinner which was followed by live entertainment of Bollywood songs and dance performance.

The next morning April 18th the members had an early start. It was a whole day sightseeing trip to Samarkand. The members left the hotel at around 6.30 am to catch a train to go to Samarkand where they visited the biggest observatory of 15th century built by Ulugbek.

After visiting the observatory the members enjoyed a delicious lunch following which they visited the Gur-Emir-Mausoleum (outside) Registan Square – (Inside) and Samarkand Grand Bazaars. After a day of sightseeing the group returned back to Tashkent.



On the 19th of April, the members had a late start and enjoyed a full day city sightseeing tour. In the evening, after dinner, the members once again enjoyed an evening of music and belly dancing.



On April 20th the members had an option to either relax at the hotel or join on an optional tour to Bukhara. A lot of members took up this opportunity to visit this UNESCO World Heritage site. The group took a flight to Bukhara and enjoyed a day of sightseeing. After dinner in Bukhara, they flew back to Tashkent

April 21st, once again, the members had a slightly relaxed morning. After breakfast the members enjoyed another fun filled day of sightseeing. They began with a visit to the Charvak lake at the lake the members enjoyed an ATV tour. Following which they proceeded to see the Chimgan Mountains, due to unfavorable weather conditions it was not possible to get down from the bus and enjoy the beautiful mountains. After another memorable day of sightseeing the members returned back to the hotel in time for dinner.

April 22nd was the last day of the tour. On this day members enjoyed some free time as well as shopping at the popular Chorsu Bazar where the members purchased souvenirs and various other things. After a late checkout the members proceeded to the airport for their return flight back home.



On April 23rd the group returned back to Mumbai with fond memories of the trip.



CHESS TOURNAMENT

“Chess” – a memory & brain game to train your thinking

The Children & Women Activity Sub-Comm., headed by Ms. Darshana Kothari, organized a chess tournament on Sunday 24th April at the Activity Hall. The event was held for members children U/8, U/12 & Open category for all age groups.

The tournament was played under the Swiss League System. All the participants had to play 4 rounds. It was conducted by renowned Mr. Ashok Punjabi & his efficient team of three arbiters including a computer programmer. The top 3 winners in each category were awarded a Trophy & a Certificate of Participation was given to all. Two youngest participants

aged six & half years & the eldest aged seventy-two years were also awarded a trophy each.

The occasion was graced by our Office Bearers who gave away the awards. All our 50+ participants were extremely enthusiastic & played sportingly.

Delicious snacks & lunch catered by Aditi were enjoyed by all. The event was a success due to the efforts of Chairperson Ms. Darshana Kothari, who was ably supported by Ms. Dilu Jokhi.



Darshana Kothari
Chairperson, Women & Children
Activity Sub-Comm.



SQUASH HOME TOURNAMENT

Squash Home Tournament was held from 15th to 17th April 2016 for all the age group starting from U/9 to Mens open event. The tournament received good response from the young squash players in different age groups and it was interesting to watch the youngster in action vying for top honors in their age groups.



Bhavesh Shah
Chairman
Squash Sub-comm.

The results are as under

U/9	- Dhruv Khanna	- Winner
	- Shaurya Shah	- Runner-up
U/11	- Anshuman Jaisingh	- Winner
	- Hunarpal Kohli	- Runner-up
U/13	- Aaryan Agarwal	- Winner
	- Ranbir Minocha	- Runner-up
U/15	- Varun Gupta	- Winner
	- Aaryan Agarwal	- Runner-up
Mens	- Amitpal Kohli	- Winner
Singles	- Araash Mehta	- Runner-up





Sonal Gokani, Special Educator
sonalgokani10@gmail.com | 09324284809
Mumbai

I teach the way U want to learn

Continued from previous article as in the April edition.....

Many subtle signs can be observed in children with dyslexia.

- Children may become withdrawn and appear to be depressed.
- They may begin to act out, drawing attention away from their learning difficulty.
- Problems with self-esteem can arise, and peer and sibling interactions can become strained.
- These children may lose their interest in school-related activities and appear to be unmotivated or lazy.
- The emotional symptoms and signs are just as important as the academic and require equal attention.

What should parents or caregivers do if they suspect a child has the signs and symptoms of dyslexia?

It is important to consult your pediatrician if you are concerned about your child's development. Additionally, meeting with your child's teachers is an important step toward getting more answers.

Ideally, every school has a team that meets on a regular basis to discuss problems a specific child might be having. These teams are made up of the principal, classroom teacher, and one or a combination of the following depending on the staffing of the school such as

- school psychologist,
- nurse,
- speech therapist,
- reading specialist, and
- other pertinent professionals.

A parent should always be included as a part of this team. The teams are commonly referred to as

- Child Study Teams,
- Student Study Teams, or
- Student Support Teams.

Any parent or teacher who suspects a learning problem may request a meeting with this team to discuss the child's problem. The parent may request this even if the teacher feels the child is doing well. Sometimes a decision to test the child will be made. The parent or teacher may request testing, but it cannot be done without the parents' written permission.



If the child attends a private school which lacks the appropriate professionals to evaluate a suspected learning problem, he should be referred to the public-school system for evaluation. If testing is not satisfactorily conducted in the public-school system for private or public school students, the parent will need to locate the appropriate health professionals for assessment. A list of resources is provided at the conclusion of this article.

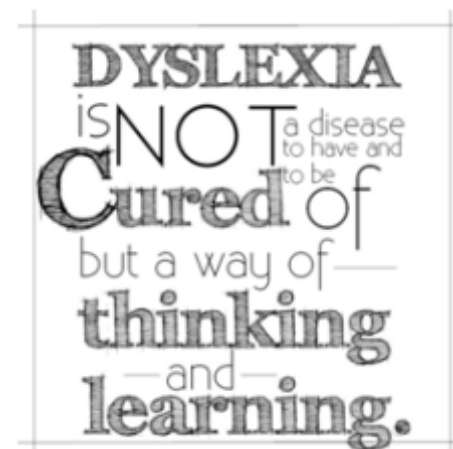
Because testing can sometimes be stressful for children, especially if they are unhappy about their school performance, alternative strategies are usually tried before testing is done. Once the assessment plan has been discussed with the parent(s) and they have granted permission, the school team completes the testing and holds a meeting with the parent(s) to discuss the test results.

The assessment plan for each child depends on the specific problems the child is having. Each plan should include testing in five areas:

1. cognition (intelligence),
2. academic performance,
3. communication,
4. sensory/motor, and
5. health and developmental.

The testing will be done by the various members of the school team or the professionals consulted by the parent. Typically, the school or clinical psychologist determines whether or not the child has dyslexia. Since there are different forms of dyslexia, such as learning disability in reading, written language, or math, the psychologist diagnoses the specific type. Another form known as expressive language delay can be diagnosed by a speech therapist.

Dyslexia is a difficult disorder to diagnose. There are many factors the psychologist or other health professional reviews to diagnose the disability. The testing



determines the child's functional reading level and compares it to reading potential, which is evaluated by an intelligence test. All aspects of the reading process are examined to pinpoint where the breakdown is occurring. The testing further assesses how a child takes in and processes information and what the child does with the information. The tests determine whether a child learns better by

- hearing information (auditory),
- looking at information (visual), or
- doing something (kinesthetic).

"I'm a 29-year-old woman with dyslexia. I'm also a successful musician. My dyslexia was a painful thing for me growing up, and sometimes it still is. But I want to let children with dyslexia know that they can make it. They are smart - they just learn differently. There is nothing 'dys' about us!"

- Debbie

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SQUASH HOME TOURNAMENT

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	- Ranbir Minocha	- Runner-up
U/15	- Varun Gupta	- Winner
	- Aaryan Agarwal	- Runner-up
Mens	- Amitpal Kohli	- Winner
Singles	- Araash Mehta	- Runner-up





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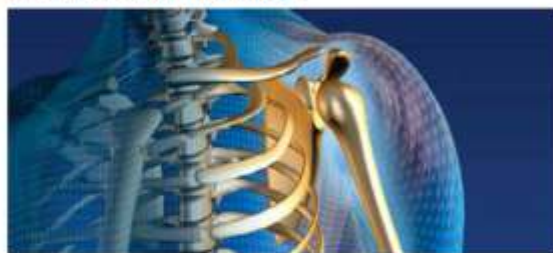


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Tip of the month: -
After 40, a Complete Body Check-Up is advisable every two years to avoid regrets later.

*Concession valid on certain facilities

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