



#### JUHU VILE PARLE GYMKHANA



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JUHU VILE PARLE GYMKHANA N. S. Road No. 13, Opp. Juhu Bus Depot, JVPD Scheme, Juhu, Mumbai - 400 049.

Associate-Editor
SONAL CHABRIA

Graphics Designer SANJIV PAWAR

#### REACH US

#### Advertising:

Tel.: 022 26206016 Ext. 131 email: info@jvpgclub.com

#### Content writing:

Tel.: 022 26206016 Ext. 110 emoil:senjiv.jvpgclub@gmoil.com

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# FROM THE DESK OF THE PRESIDENT

Dear Members,

This is that special time of the year, when we get together with our loved ones, rejoice and celebrate all that is good in the world.

My team & I, have organized an entire suite of programmes, specially designed keeping all members in mind. I look forward to enjoying the festivities together and making it much more special this year.

It gives me immense pride to inform about a member of our Club – Maulik Jain, who at 14 years is one of India's youngest authors with his book titled "Imagination Unplugged". I wish him my best in his future endeavors.

We wish you and your family a Merry Christmas and a Happy New Year.

ANILM, MAHESH

President

## **EDITOR'S NOTE**

Dear Members,

Firstly, I wish you all a Merry Christmas and Happy New Year.

December is a really good time to evaluate what we have done during the past year and through this edition we wish to re-live the joyous moments we celebrated at our second home—our JVPG Club.

Acknowledging that kids and curiosity go together, the "Magic Reading Room" classes – one of its kind initiative has been taken to send kids on wonderous adventures and provide them with the resources they need to learn and grow.

Despite the 'Speed of Time', a fun filled December is here. So please come forward and partake in the fun & frolic this festive season.

KIRAN DALAL Editor YASH BHUTA Co-Editor

# **FEEL GOOD SEASON**

# Season For Love and Giving:







In this steady city, our compassion is somehow lost or hidden under the cynicism of the fast paced life where everyone is out to make a quick buck. We somewhere begin to doubt intentions but we all are actually very loving people. We have survived as a race because of our ability to love. These are some of the stories I have read which MAKE ME THINK ....compassion, love is all around. Let more of it show this season.



- Today, when I landed at J.F.K. for a business trip. I turned on my phone and was inundated with several voice mails and text messages from family and close friends back in Seattle, "Call home, Your mom had a severe stroke and is currently in intensive care," read the first text message to pop-up on my phone. My boss was with me, told me she'd handle things herself, and insisted that I catch the next flight back home. As I stood in line at the ticket counter, talking to my brother about my mother's condition, crying, and explaining that I was going to try to make a flight that leaves in 30 minutes, the twelve people in line in front of me overheard my conversation and let me skip to the front. Then after the Delta rep quickly issued me a ticket, she walked around the counter, handled me a box of tissues, and before I had a chance to react, gave me a big hug. I made my flight. And my mom is now in stable condition. MMT
- Today, at the local convenience store where I work an elderly man with a guide dog came in, went to the aisle with the greetings cards, picked up a card, held it up extremely close to his face, and struggled to read it. Just as I was about to walk over to help him, a big truck driver asked him if he needed assistance reading, and then proceeded to read him almost every single greeting card out loud until the elderly man smiled and said, "That's perfect! My wife will love that one!" MMT
- 3. Today, I put an ad up on Craigslist stating that I was looking for a cheap laptop for my first semester of college (I'm 18 and live by myself, so money is tight). An elderly man replied saying he had one for me, and dropped off a nearly brand new laptop. He insisted that he wanted nothing in return. In his words, he said, "I bought this six months ago, but I only use my desktop. It just sits around collecting dust. So now I consider it a good investment in a young, bright future." MMT

- Today, I watched a teenage boy help an elderly woman with a cane onto the city bus I was riding. He was so careful with her, assisting her every step of the way. The woman had the biggest smile on her face. They both sat directly across from me, and just as I was about to compliment her with having a wonderful grandson, the boy looked at her and said, "My name is Chris. What's your name, ma'am?" MMT
- 5. Today, while standing in line at a store, my 9 year old daughter asked for a candy bar. After saying "no" twice, I gave in. I paid, and as we walked away I gave it to her. She stopped, turned around and handed it to a little boy that was crying in line behind us at the register. I asked her



why she gave it to him and she said she heard the boy's morn tell him they didn't have money left for candy anymore until she can find another job. MMT

LOVE IS IN THE AIR.

# End Of The Year

January around the corner, new year resolution time. Just thought I would pen down a few of December do's list so that 2014 would sparkle to the end.

1. Just dust those 3 books New Years Resolutions lying an your bed side for # grow seeking? the past 3 months as the # \*\*\* a job 1st three books of the # hose / powers season. Ps. Read a wounter chapter each to keep you \* Est Healthy

# Drint Less

Chalk out the dates to take your kids for the Heritage tour and science museum so that you can kiss them under the giantheart. Schedule your appointments with all

health check up doctors so that you don't procrastinate in January. 4. Make sure you are on the voting list and

make sure the 18 year olds in your building apply for their voters ID.

5. Clean our cupboard for a fresh start, Trust me you will find many things tucked away that you can wear this season.

- 6. Look into your accounts tie up lose ends and think clearly over investments made, investments to make, new mediclaim policies. Ps now you can take policies upto any limit.
- That PUC check (which I am sure your car does not need) but you have to do to save you from giving a bribe. And



while you are doing that get that film off those car windows.

- Take your kids out for a dessert and re talk about personal safety and drinking and driving. We all need to be reminded again and again.
- Enroll in a gym for January so that you have no option but to go.
- Do one generous act for the season. Donate or volunteer.

#### How can we forget places to party this New Year.

Well, depends if you want to spend mega bucks or not.

4 Season - Aer bar, highest open vantage point in Mumbai at the : 31st evening - At Sanqui Restaurant, they would have Buffet - 2 seating per table. Bet 7pm - 9.30pm - Rs. 4500+ taxes. 9.30 Onwards - Rs.5000+ taxes.



Air Bar & Lounge with DJ: 3500/- per person (Min. billing – Rs. 10,000/- for a table). Tel.: 022 2481 8000

Hyatt: China house lounge with DJ. Cover charge per couple - 5000/- Single entry not available. Tel.: 6676 1234 OR

You can always go grab a lovely dinner at Ping pong, Maritime San Lorenzo at Taj lands end or Nido or Masala Library or Rhe the new Chinese restaurant at Sun n Sand. No dearth of places to grab a lovely meal and head home with friends and sit on your terrace under the stars and have a couple of glasses of wine and listen to soothing music, watch the sun rise to a New Year filled with promises.

#### OR

Sleep the night away wake up real early and go for a bike ride, run, walk or a cold cold swim. Wake up to a relaxed morning of a hot cup of coffee or tea with your better half and plan a holiday together.

#### OR

Come to apna JUHU GYM which always rocks on new years. This is best and most reasonable option.

Which ever way you plan your 31st and 1st, wish you all the best and see you next year.

## FORTHCOMING EVENTS...

## 15 DEC 13

#### 'MANN DARPAN' - MENTAL HEALTH AWARENESS PROGRAM

Library Sub, Committee introduces "Mann Darpan" by Angels Clinic, This will be a Free Mental Health Awareness Program with breakfast on 15 Dec. — 10 am to 12 noon at Jasmine Hall,

## 18 DEC 13

#### ENGLISH STANDUP COMEDY



Entertainment Sub-Comm. presents English Standup Comedy by Atul Khatri, Daniel Fernandes & Angad Singh Ranyal will be held on Wednesday 18th December 2013 7.30 pm onwards at Activity Hall. Cocktails will be available. Age 18 years and above only. For more details contact MSD.

## 24 DEC 13

#### CHRISTMAS CARNIVAL



Our club would celebrate Christmas Carnival on 24th Dec. 2013 from 4.30 pm. There would be exciting theme games, Snow Machine, Air walkers, Rock Climbing, great food, good music and dance with Santa Claus.

## 31 DEC 13

#### **NEW YEAR EVE**



Ring in the new year to great music, fun, food & cocktails in the environment you love with the people who matter.

#### 7 JAN 14

#### NEW YEAR CELEBRATION WITH PURE AUTHENTIC WINTER FOOD 'PONK'

Sr. Citizen Sub-Committee presents New Year Celebration with Pure Authentic Winter Food 'Ponk' on 7th January 2014 at Activity Hall from 8 pm onwards.

## 25 & 26 JAN 14

#### SR. CITIZEN 2-DAY PICNIC SHIRDI & SHANI SHINGANAPUR

Sr. Citizen Sub-Comm. organizes a 2 day picnic to Shirdi & Shani Shinganapur on 25th & 26th January 2014. For more details contact Member Service Desk.

## JAN 14

# BADMINTON 'TIN & BOTTLE JUMBLES TOURNAMENT' 2014

Badminton Sub-Comm. proposes to conduct Badminton "Tin & Bottle Jumbles Tournament" in the 2nd week of January 2014. Interested members may contact Badminton dept.

#### JAN 14

#### BADMINTON HOME TOURNAMENT 2014



Badminton Sub-Comm. proposes to conduct Badminton Home Tournament in the 3rd week of January 2014. Details will be put up on the notice board.

# **2013 UNFOLDED**

eason's greetings!! Believe it or not it's December already – just a tad away from the finish line of 2013. Well – despite the 'Speed of Time', a fun filled December is here and while we all look forward to the next couple of weeks, let's recap on the year that went by. December is a really good time to evaluate what we have done during the past year and to re-live the joyous moments we celebrated at our second home – Our JVPG Club.

## **SPORTS - 2013**



JVPG Club Cricket Festival -26 & 27 January 2013



Jr. Promotional Table Tennis Tournament 2013 - 31 Jan. to 3 Feb. 2013



Omkar All India Open Men's & Women Tennis Tournament 2013 - 28 Jan. to 3 Feb. 2013



Badminton Tin & Bottle Tournament 2013 - 21 April 13



Coaching Camps: Cricket Lawn Tennis, Squash and Swimming



Billiards & Snooker Home Tournament - 30 Jun. - 17 Jul.



#### Squash Tin & Bottle Tournament 2013 - 10 April 2013



Mumbai Suburb Dist. Badminton Championship 2013 - 10 to 14 July



JVPG Club Children Scrabble Tournament - 31 Aug. & 1 Sept. '13



Swimming Summer Coaching Camp Closing Ceremony - 16 Jun.



Prakash Padukone Badminton academy - 2 Day Clinic at JVPG



JVPGC All Mumbai 4 \* Ranking TT Tournament - 28 Jun. - 2 Jul. 2013



Card Festival - 22 Sept. 2013



Squash Home Tournament 26 to 28 September 2013



Table Tennis Home Tournament 24 November 2013



Aqua Aerobics Demo - March 2013, Badminton Tin & Bottle Tournament 2013 - April 13 and Table Tennis Inter club League Tournament 2013 - May 2013, JVPGC All India Qualifier Hardbat TT Championship - December 2013

Talk on financial market by Raamdev Agarwal - 5 July 2013



Man Samrudh To Jivan Budhdhh by Shobhit Desai - 17 Nov. 2013



The Magic Reading Room 30 November 2013



# **ENTERTAINMENT - 2013**



Holi celebration 7 March 2013



Fancy dress competition May 2013



Shaam-E-Qawali July 2013



Music of Bollywood July 2013



Drawing Competition September 2013



Gamtano Kariye Gulal Sept. 2013



Raga Reflection September 2013



Pool Party 20 October 2013



Musical Housie 23 November 2013



# **SENIOR CITIZEN FORUM - 2013**



What is Law? - High Court Advocate Bharat Joshi - 3 February 2013.



Holi Celebration - Melodious evening of bollywood Ragas by Dhanashri Pandit Rai - 22 March 2013



Do's & Don't Generic IT Awareness Program - 10 March 2013



Theme Bar Nite with Live DJ - 4 May 2013



Lecture on Psychological & Mental Problems by Psychiatrist Dr. Jay Shastri - 16 June 2013



Gandhi Ne Kaha Tha (Hindi Drama) -27 July 2013



Antakshari - A mega musical eve by Shri Manohar Iyer - 24 August 2013



Right To Information by Re-wined RTI Activist Shri Shailesh Gandhi - 20 October 2013



Dil Dhundhta Hai Tujhe GULZAR - An Audio Visual by Naresh Kapadia - 15 November 2013



SANDESH, December 31, 2013 | 7

# EXCLUSIVE MARATHI SECTION IN OUR LIBRARY

150 NEW MARATHI BOOKS

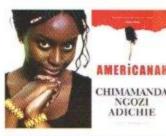
Owing to the popular demand of members, an exclusive section stocking Marathi Books was established. This section comprises of an exclusive collection of all time favourite books in Marathi. Members are requested to make most use of this facility.



Karheche Pani - Part 1, 2, 3, 4 & 5, Zenduchi Phule, Vinod Gatha, Mee Kasa Jhalo? - Atre Praihad Keshav • Pangira, Zadazadtee, Panjoat, Mahanayak • Patil Vishwas • Saotasuranchya Palikade : Lata Mangeshkar - Shimani Harish - Hach Maza Marg - Pilgawkar Sachin - Zimma -Mehta Vijaya . Khelata Khelata Ayeshya : Biography - Karnad Girish . Badalte Vishwa - Ketkar Kumar • Domel Te Karqil • Pitre Shashikant • Dongri Te Dubai • Zeidi Husain S. • Koradi Bhiksha - Kulkarni Shriniwas . Aayushachya Sangati : Internet Death - Henezel Mari D. . Tichi Katha -Athalekar Mangala . Khali Jamin Var Aakash - Lavate Sunikumar . Dr. Aambetkaranche Antarang - Gokhale D. N. . Goshta Eka Doctorachi - Prabhu Vitihal . Bhinna - Mahajan Kavita . Aamcha Bap Ana Aamhi - Jadhay Narendra - Punyabhumi Bharat, Dollar Bahu - Murti Sudha -Fakta Hayaku, Adnyat Resha, Hehi Hayaku - Pai Shirish + The Witch of Portobelo - Coehlo Paulo . Disale te, Mora, Prashna ani Prashna, Kondmara, Manasa!, Purniya, aapta, Shikavale iyani -Avchat Anii . Paripurti, Bhovara, Gangajal, Yugant . Karve Iravati . Mumbaicha Annadata, Not only Potells, Mast Kalander - Bondre Shobha . Preshit, Abhayarya, vyaras, vaman parat na aala, Yakshachi Dengi - Naralikar Jayant - Rutuchakra, Vyasparva, Bhavmudra, Dupani, Paisa - Bhagwat Durga • Tarfula, Vally - Patil Shankar • Shala, Gaytya, Akam, Ran Durga, Samudra -Boksel Milind . Batatyachi Chala, Rediovaril Shashane ani shrutika - 1, Rediovaril Shashane ani shrutika - 2, Ganget, Purchundi, Ek shunya mee, Hasvanuk, Dad, Apulki, Gun gain aayadi, Maitra, Urlasurala, Asa mee Asami, Aghal Paghal, Char shabdh, Mukkam Shantiniketan, Vyakti ani Valli, Marathi Vadmayach Itihas - Deshpande P. L. . Khekda, Mansachya goshti --1, Mansachya goshti - 2 - Matkari Ratnakar - Aahe he asa aahe - Deshpande Gauri - Tatbandi -Devid Asther . Kuna ekachi Bramangatha, Shitu, Padghavli - Dandekar G. N. . Kosala - Nemade Bhalchandra . Shabari, Bali - Shirurkar Vibhavari . Osama : Tyacha Islaam, Iyacha kayada . Damle Nilu . Khelghar - Ravindra Rukmini . Kayade aazham - Hardikar Anand « Amaltash - Dixit Supriya . Mahatma Jyotirea Phule, Dr. Babasaheb Ambedkar - Keer Dhananjay . Hati Jyachya Shunya Hote, Ekach Mulgi - Shevte Arun - Amerikechi C.I.A., Istraelchi Mosad, Rasiachi KGB -Kaluwaia Pankaj . Partner, Vapurzha - Kale V. P. - Fukat, Angat Pangat - Mirasdar D.M. . Pachim, Aanvyarth - Rajadyaksh Vijaya + Garambichi radha, Rathchakra - Pendse S. N. + Swami, Shreeman Yogi - Desai Raniit - Mrutunjay, Chhava - Sawant Shivaji - Pakharmaya -Chitampalli Maruti - Chandramukhi, Sambhaji - Patil Vishwas - Mohanmaya - Bhatkal Ramdas Tyabu - Foziva Said . Bhumika ani Utsav - Bage Aasha . The Alchemist - Coehlo Paulo . Bindast - Khot Chandrakant - Ranmitra - Aamte Prakash - Aflatun Avaliye - Sanzgiri Dwarkanath . Kshan Kshan Sangharshacha - Dabke Girish . Shahani Sakal, Jatra, Vara - Navre S. N. . Sanskruti - Karve Eravati - Aai samjun ghetana - Kamble Uttam - Kalacha chotasa Itihas -Stephen Hoking . Padas - Rollingi Marjori . Mangalsutra - Wad Vijaya . Sangate Eka - Wadkar Hansa · Hedli ani mee - Bhatt Rahul · Ek hota Karvor - Gawankar Veena · Vishakha -Kusumaprai • Eka punerjanmachi katha - Bhatvadekar Manoi • Ringnabhaherun - Bhatkal Ramdas . Hasari Kidni - Phatak Padmaja . Br - Mahajan Kavita Doh - Kulkarni Shreeniwas . Rahsya Naganche - Amish • Bangarvadi - Madgulkar Vyaktesh • Mee maza mala - Kanekar Shirish . Karulcha mulga - Karnik Madhu M. . Parva - Bhairappa S. L. . Mee hijda mee laxmif -Tripathi Laxminarayan

## BOOK

#### AMERICANAH BY CHIMAMANDA



AMERICANAH by Chimamanda Ngo Adichie is an outstanding 500 pages fa read novel.

This is the first novel I had read by the Nigerian Chimamanda even though she an orange prize winner and her Purp Hibiscus was long listed for the book Prize.

Amazing writing, fabulous style, grippin warm and funny, this novel had me hooke to it till the end. Ifemelu and Obinze fall love as teenagers in Lagos. How, he is a rooted and knows where he wants to the and guides her towards his dreat continent America.

This book spans three continen numerous lives and is a richly told story amazed me to know the Arfo America

## **ERAGON - CHR**

One boy...one dragon...a world adventure.

Eragon is a poor young farm boy, who goi into the forest in hope to find meat for h family to stock for the winter, but what if finds is worth way more than that. But it doesn't realize that until the polished bustone hatches, changing his life forever.

Eragon gets away from his wrecked a home, never expecting to return, and h sets into a perilous adventure, with h dragon, Saphira, and Brom, an ancie storyteller, into the dangerous terrain ar dark enemies of an empire ruled by a kir whose evil knows no bounds.

Will Eragon survive? The fate of the empi rests in his hand. Is he worth what it taken Or will he be no more than a b disappointment? Read this authent

#### GOZI ADICHIE

Book Review by SONAL CHARRIA

(hopefully I am politically correct by using that term or should I be using the term excess melanin race) point of view and in todays "facebook" age how they are still discriminated against. You may be a professor at Princeton but if you don't have that pinned on your shirt I would still think you are out to mug me. Its difficult to explain without her grace of writing how prejudices exit and to what lengths people go to feel wanted. How the Africans are still divided and sub divided in America, depending if you are from the continent or born and raised in America, or a Jamacian or from Trinidad. How they need to show that they are offended by terms such as 'watermelon' or 'tar baby'. The first time I have seen a Nigerian way of life so similar to ours yet so different. While reading this book I was glad that the colour of my skin was brown not black. Ifemelu 's struggle, her depression her success as a blog writer and her need to return from the country of plenty to...Nigeria, or is it her old boyfriend, who she thinks or knows will be hers, who would let go of his near perfect life for her? Does love like that exit? ... read on. Its amazing. Aline that I found amusing is when Ifemelu walks into the palour in the US for doing her eyebrows the lady there tells her "We don't do curly" ... I mean, please, seriously ....

## TOPHER PAOLINI



page-turner, and be caught into the mystery and adventure. You will not be able to stop reading.

By-candy lover-12 years Membership No. L-3681

# **OUR CLUB'S YOUNG ACHIEVER**

Maulik Jain

aulik Jain, who at 14 years is one of India's youngest authors. has written a book titled "Imagination Unplugged", a collection of short stories and personal essays.

Maulik, is currently pursuing his 10th std., at the Jamnabai Narsee School, Juhu is the voungest of the top 100 persons chosen amongst 2500 in the Times of India Essay Competition in 2011. Besides outstanding academic achievements, he has diverse interests in art, debates, music etc and has also won several accolades in several competitions in debates, essays etc at the international and national level. He has his own website www.maulikjain.in

The book was recently launched on 11th Oct., at a grand function held at THE CLUB. Andheri attended by over 300 people including young children, parents, distinguished personalities from academia, literary as well as the press & media. It was released by Mrs. Urvashi Thacker, the trustee of Jamnabai School and has a beautiful foreword written by the school principal Mrs. Sudeshna Chatteriee, Mrs. Bhawana Somaaya, noted author and film journalist had a wonderful conversation with Maulik during the event. His book is available in all stores. flipcart and Amazon.

"Imagination Unplugged" is an attempt by a young 14 year old boy's wonderful



thoughts on varied subjects which has been extremely well articulated and documented. It is therefore a great inspiration not only to youngsters and the student community, but also their parents to help encourage & motivate talents and skills of their children.

This book is divided into two sections under six sub-headings, the 114-page book features Figments of Imagination and Thrillers in the Fiction section. whereas Global Issues, Inspiration. Modern Day Revelations and Unforgettable Experience comprise the Non-Fiction segment.

We are proud of you Maulik,

## Rook Review - IMAGINATION UNPLUGGED

he book could not have been named anything else. Looking at the world through the eyes of 14-year-old author, Maulik Jein, Tmagination Unplugged, a collection of short stories and personal essays, traverses the realms of innocent yet powerful emotions and observations of a young, hungry, curlous yet cautious mind.

The book is actually an unconscious process of unlearning what one has learnt through its simple, lucid, vivid depictions and observations of life in various capacities. Divided into two basic sections of Fiction and Non-Fiction, the book touches a variety of subjects with a subtle aim of evoking and

provoking a thought process without getting into mundane details. The multitude of topics swing across emotions and feelings of fear, anger, hatred. hope, despair, happiness, curiosity, love, touching on subjects of fate, philosophy, religion, science, inspiration, dreams, aspirations, technology, global issues, terror, arts, sports, travel, environment and ifestyles among many others.

The narrative is fresh, bright and descriptive in an unconventional albeit engaging manner, conveying the author's eagerness to test new

waters devoid of the need for acceptance. The honest approach brings forth a precible quotient of maturity for a young teerlager and makes for good leisure reading. Many of the topics make one realize the blessing of being born in an era that has witnessed turnultuous changes in every sphere of life in a short span of few decades.

Divided into two sections under six sub-headings. the 114-page book features Figments of Imagination and Thrillers in the Fiction section. whereas Global Issues, Inspiration, Modern Day Revelations and Unforgettable Experience comprise the Non-Fiction segment.

# MAGIC READING ROOM CLASSES IN OUR CLUB'S LIBRARY



Yash Bhuta Cheirman, Library Sub-Comm.

As we all know, 'Magic Reading Room' is a comprehensive reading & Library workshop for children. These very popular classes conducted by the Pomegranate Workshop were launched at our Club on November 23rd via a demo class.

The turn-out & response at the demo class was overwhelming to say the least. As it is evident from the pictures below, children turned up in large numbers and thoroughly enjoyed the experience of being introduced to books & reading through a very innovative approach. No wonder that almost all the children who participated in this demo class enrolled for the course, which constitutes of 8 sessions spread out over the next 2 months.

The regular classes commenced on November 30th - Batch 1 (6 to 9 yrs): 10am to 11.30am, Batch 2 (10 to 14 yrs):

11.45am to 1.15pm. These classes would be held every Saturday for 8 Saturdays. Members are once again urged to make their object of this opportunity to make their children fall in love with books & life-long readers for life and the enrollments are still open till the end of December. Each class is different & introduces children to a different book and a different activity related to the book. Hence, even if the child has missed out on a few classes—it is still an opportunity not to be missed. The following are some pictures from the demo class which depict how books and reading becomes instant fun & frolic for kids.

For further details please contact the Library Staff, the MSD or write it on yashbhuta@gmail.com.









## Senior Citizen Corner

# DIL DHUNDATA HAI TUJHE GULZAR

Shri Nareshbhai presented pictures and shared tidbits of Gulzarji's childhood & career through audio visual show which was done in a very interesting manner wherein songs, anecdotes and life events were also presented.



Satish C. Shah Chairman Sr. Otzen Sub-Comm.

Il Se Re .....Dil Se Re.... an Audio Visual on famous, lyricist and writer Shri Gulzar was held for the 37th Sr Citizen Forum Event on November 15th 2013.

This fun, interesting and music filled evening was attended by 95 members. Shri Satish C. Shah gave the welcome address and Shri Kamlesh Daru introduced Shri Naresh Kapadia who had specially come down from Surat to present this wonderful audio-wideo show.

The show which lasted for almost 2 hrs began with Shri Nareshbhai showing pictures and sharing tidbits of Gulzarji's childhood and ending with the present day. The entire audio visual show was done in a very interesting manner wherein songs, anecdotes and life events were presented. The members enjoyed the memorable and nostalgic songs penned by Gulzarji and the evening ended by celebrating Birthdays and Anniversaries by cutting a cake which was followed by a sumptuous dinner catered by Addit caterers.







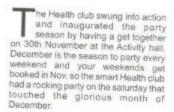






# PARTY WITH WEIGHT....

.



175 members; spouses and guest had a wonderful time rocking to the most beloved music of our country. "Bollywood". The dancing began almost immediately and at 8 pm saw heads bobbing, feet tapping and conversations flowing over cocktails and drinks.

The highlight of the evening was the body building event put by the sporty trainers of the health club who every day help us achieve our goals. At10pm we saw the music stop and as usual our Hon. It secretary compered the show. The trainers showed us all the body building positions and were cheered by the crowd. It was heart warming to see them do what they do best. Deepak

Parab with his amazing height, Vinod Yadav with his cute smile, Vivek with his near perfect body and grace, Kaushik Damakar with his totally bronzed body Tushar Naik with his charm and Prakash with his confidence, came up with a smile. Kudos to them. The one who took the cake was our own member Jatan Ajmera, who if I may say so myself put the trainers to shame:). super hard work Jatan, may you remain like that always. The evening trainers Imran & Saniay also came up and gave us a chance to cheer them. The trainers were given tokens and the Hon. Jt Secretary presented a trophy to Mr. Jatan Almera.

After the trainers show, our member Mr. Digant, Mr. Hemant Kamdar and Mr. Sanjeev Bagga sportingly uncovered their torso.

The dinner opened up soon after this event and Melting Pot did a great job with the food.

We the health club members see each other in sweats, hair tied and totally focused. This evening gave us a



PAVANKUMAR SARAF VIKRAM SINGH MANCO Chairman, Health Club Sub-Cornm.

chance to let our hair down have a drink and get to know each other outside the gym. The smiles I exchange with some of the members now are warmer and events like this build comradeship in the club. And, let me add the fittest of us did not touch a drop of alcohol and food...time to take a page from his book (Mr. Gaur) if we at the health club want to look like that.

A big applause to Mr. Himanshu Gokani, Mr. Pawan Seref (Chairman, HC), the acting chairman Vikram Singh Manco and entire Health Club Sub-Committee alongwith Mr. Digant & Parthiv Mogra for the fabulous event. Greatjob.

Cheers!

Article by Sonal Chabria







# **ACHIEVEMENT**

Akash Gandhi - 12 year old has participated in the "Singh Open Tennis Tournament 2013" held at Dadar Gymkhana and won gold trophy in U/14 Boy category. Wish him all success in the future.



# **TABLE TENNIS HOME TOURNAMENT 2013**



he 'Table Tennis Home Tournament 2013" was held after a gap of 5 years on Sunday, 24th November 2013.

We have received more than 70 entries for various categories. All the matches were very competitive. All the finals were held from 7.00 to 8.30pm. In the mens final No.1 Thister Gross 3.0-Corn. seeded Dhruv Lakhani beat no.2 seed Vedant Shah. After the finals the prizes were distributed followed by refreshments.



SUKETU MEHTA

The results are as under:

NO.	CATEGORY	WINNER
1	Boys U/10	Rajveer Shah
2	Boys U/13	Jash Jobalia
3	Boys U/16	Vedant Shah
4	Mens Doubles	Jigar Rambhia / Ritik Sheth
5	Veterans	Suketu Mehts
6	Mens	Dhruy Lakhani

RUNNER-UP Krishnay Malholra Maanay Shah Parth Sheth Dhruy Lakhani / Raiveer Shah Chetan Saigal

Vedant Shah

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AMT 835 OPEN STRIDE (PRECOR)

# **NEW MACHINES:**

## have you come back for m

have upgraded the health club gym and c aducing following new equipments, from USA



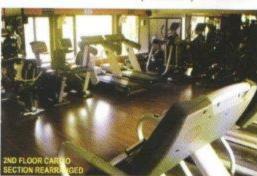
CALF RAISE (PRECOR)



(PRECOR)



ADJUSTABLE BENCH (FITNESS SOLUTION)



## NEW MEMBERSHIP CARDS

The JVPG ID Cards presently in the hands of members show an expiry date of 2013, which leads to problems when our members travel and avail facilities at our various Affiliated Clubs.

In order to overcome these problems and also to obviate the need to issue new cards every year, it has been decided to issue fresh ID Cards with an expiry date of 5 years to ALL members falling under the following categories:-

- 1) Life Members
- 2) Founder Members
- 3) Ordinary Members
- 4) Associate Founder Members
- 5) Life Founder Members

Other categories will be issued ID Cards commensurate with the expiry of their memberships.

We request you and your dependant members to submit two coloured passport size photographs to enable us to issue the cards. This facility of renewal cards is given free of cost to members.

Later issues of ID Cards to replace lost and mutilated cards. will be done at the usual cost.

We request members to come forward and obtain these new cards at the earliest.

# **COMING SOON @ JVPG CLUB**

# WOODWAY

For The Long Run

It doesn't get better than this

Woodway has been at the forefront of treadmill design and innovation for the past 40 years. These treadmills are engineered to outperform and outlast all others. Their patented Slat Belt running surface, offers the highest level of comfort. When it comes to treadmill innovation, design and comfort, Woodway is way ahead of the lot.









Only Treadmill Purchased by NASA for the International Space Station

#### Being a star performer, Woodway treadmills are used by:

- Astronauts on the International Space Station
- 95% of NBA, MLB, and NFL teams including the New York Yankees
- The US Army, Air Force, Marines and Homeland Security
- 'Athletes Performance' the most elite training facility in the world for Professional and Serious Athletes
- Woodway for all its athletes United States Olympic Committee recommends
- Hollywood superstars like Robert Downey Jr., Johnny Depp and Tom Cruise who only uses Woodway and has purchased 23 pieces so far
- Barack Obama, President of the USA and winner of the 2009 Nobel Peace Prize
- Ex-US Presidents George H.W. Bush and George W. Bush
- John Kerry, serves as United States Secretary of State
- Peyton Manning, the only sportsperson to win NFL's MVP- MostValuable Player a record
- Shaguille O' Neal, 4 time NBA champion and (added) one of only three players to win NBA MVPAII-Star game MVP and Finals MVP awards in the same year (2000)
- Ken Griffey, one of the most prolific home run hitters in base ball history and winner of 10 Gold Glove Awards in center field
- Fortune 500 companies like Microsoft, Nike. Nintendo, Intel and many more



















Rober Downey Jr. Johnny depp

Tom Cruise

Barack Obama George W. Bush







(intel) MIKE Microsoft

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Enjoy Food & Wine Pairing Sessions!

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MOMI

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Celebrity Chef Parag Kanhere's captivating Cooking spells!

Get mesmerized! Art show cum sale of

wine paintings (paintings made from wine)



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Food Festival

27-28-29 December 2013 Juhu Vile Parie Gymkhana Club, Mumbai 12.00 pm to 16.00 pm Exclusive Wine Accessories

A never before experience -Grape Stomping!!

Pub Games, Live music, Entertainment

and the list goes on.....



Special attention:
We exeminate you to use public muniportarian.
If you drive, bring a designated driver Note: Parking in the area is limited.

JVPGC invites members/guests to avail this opportunity to join us as

- Title Sponsors
- Associate Sponsors
  - Event Partners
- Banner Advertisers
- Freebies Distributors
- Food Stalls

Who shall visit the testival? Anyone who is 21 years & above

> HIMANSHU GOKANI Hon, Jt. Secretary

Contact Person for details - M. R. Singh, COD Mebile: 9820421188 / mrsinghood@jvpgclub.com

