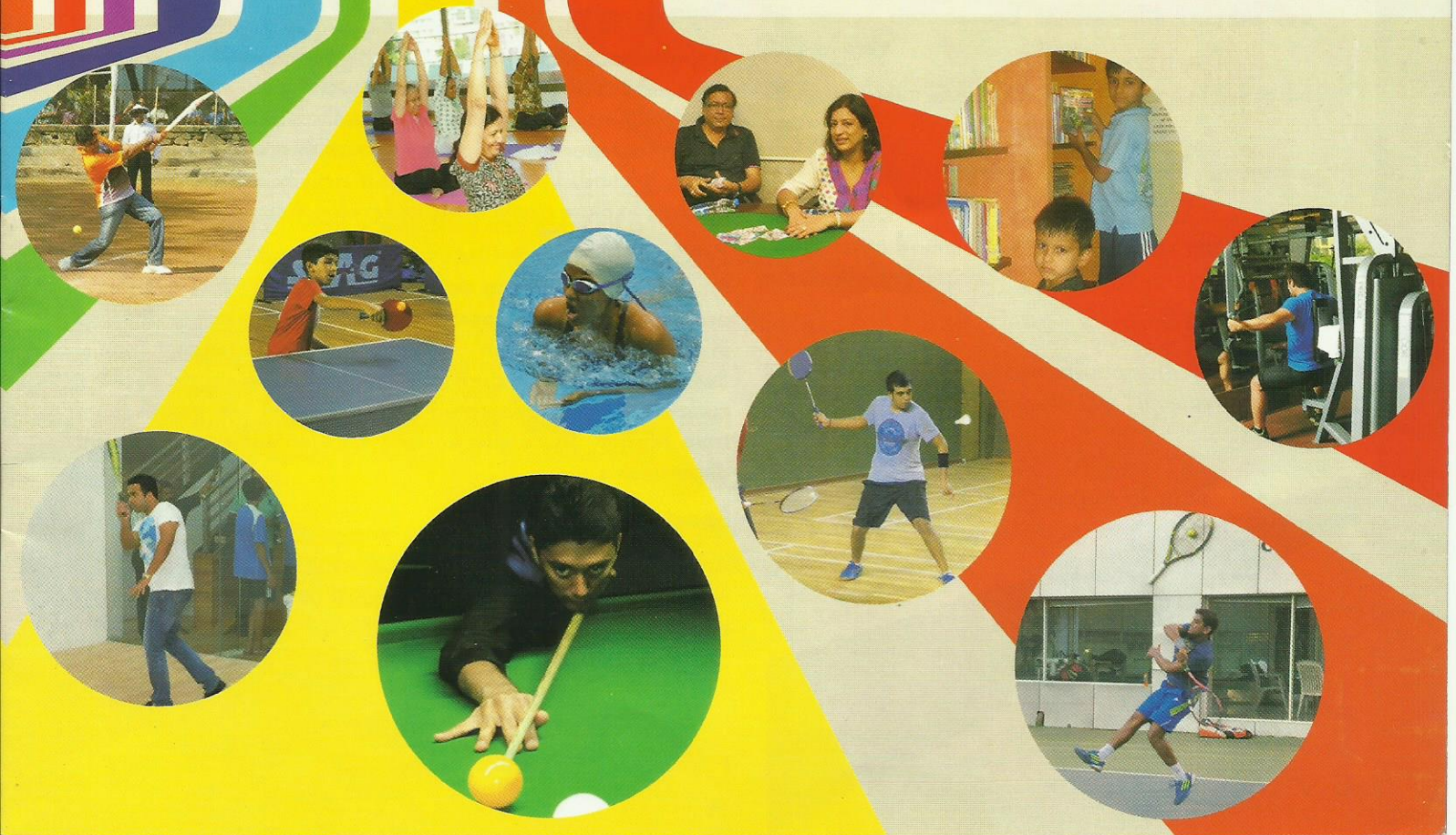


JUHU VILE PARLE GYMKHANA

S p o r t s H u b

Supplement of SANDESH May 2013



YEAR OF SPORTS



HIMANSHU V. GOKANI

Hon. Jt. Secretary

himanshugokani@yahoo.com

Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose-it teaches you about life.

- Billie Jean King

The summer vacations have begun... so what are your plans for your children? We definitely do not want our kids to become couch potatoes and watch television endlessly, nor do we intend to make them 'tech-kids' fiddling with their iPads and Mobile phones. Over the years we have become too much dependent on technology; our physical movement has reduced considerably. Alternatively, children in schools are increasingly overburdened with academics thereby parents are compelled to push them to excel in their studies.

Therefore, including a physical activity as a daily routine in our lives and making it a habit is extremely important. Children need physical activity to stimulate their mental and physical growth and improve emotional health. For that the best that one can opt for is Sport. Just give it a thought that what would be our "wonder years" like without Sports?

A sport is essential for your kids as it gives them a lot of things to learn about life. It contributes to your child's development physically, psychologically and socially. Values like discipline, teamwork, sportsmanship, determination are all learnt on the sports ground. In short, any sport activity will for sure help children explore a new world to develop their personal traits.

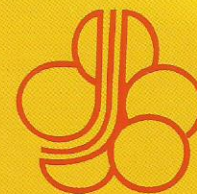
JVPG, primarily a Sports Club, offers excellent and exciting facilities for the kids to develop themselves. JVPG Club also presents a fertile and energetic environment for kids to develop in sports like Squash, Badminton, Table Tennis, Tennis, Swimming etc. As children take keen interest in sports, so is the competitive spirit generated and the will to win makes them train harder. There are various summer camps in different departments.

Sports Philosophy:

American NFL football player Herschel Walker put it rightly when he said "If you train hard, you'll not only be hard, you'll be hard to beat..."

JUHU VILE PARLE GYMKHANA

S p o r t s H u b



For the **FIRST TIME** in the history of the club, the sports fees have been reduced.

FREE

Children between 5 to 10 years in Table Tennis, Badminton, Lawn Tennis and Squash.

ATTRACTIVE discount for Senior Citizen member.

INTRODUCED Couple Membership at discounted rates.

The motto in JVPJ Club is exactly that – to make you hard to beat. JVPJ Club has also chalked out attractive discounts to encourage parents who in turn will motivate their children to come and take benefit of the sports departments, which incidentally are some of the best facilities available in Mumbai. This will also support the sports enthusiasts who want to take the sport of their choice to a global level.

The best kids are going to become the best. But the best thing about it is that you're going to learn lessons in playing those sports about winning and losing and teamwork and teammates and arguments and everything else that are going to affect you positively for the rest of your life.

Children choosing any sport they desire can learn greater values in life and become great sports person without the pressure of winning or fear of losing. This will in turn help them develop into good human beings which would further help them to excel in their overall development.

All the sports departments are headed and handled by their respective and able Chairmen & Chairperson and their team of committed Sub-Committee members.

Detailed comparisons of the old and the revised fees are given in this issue along with the sub-committee members list. Simultaneously, it is also displayed on the notice board of the respective departments and is also available with the Sports Manager, Mr. Damodaran in the administration office.

It is hoped that with the support and active participation in various departments from enthusiastic members, JVPJ Club will become one of the finest HUB for sporting events.

To further that initiative

- For the first time in the history of the club, the sports fees have been reduced.
- **FREE**
Children between 5 to 10 years in Table Tennis, Badminton, Lawn Tennis and Squash.
- Attractive discount for Senior Citizen member.
- Introduced Couple Membership at discounted rates.

Swimming Pool:

- The daily charges now reduced from Rs.100/- to Rs.50/- for adults.
- For senior citizens and children the charges are Rs.25/- only.
- There is no charge for kids under the age of five in the baby pool.
- Kids between the ages of 5 to 10 years can use the pool at a nominal rate.
- For children from 10 years to 18 years the fees are substantially reduced.

Billiards:

- A junior category has been introduced in Billiards for children between the ages of 12 to 18 years.

“Gold medals aren't really made of gold. They're made of sweat, determination, and a hard-to-find alloy called guts.” - **Dan Gable**



ADITYA PANDYA
Chairman
Badminton Sub-Comm.

BADMINTON SUB-COMMITTEE

Aditya D. Pandya
Chairman
9200998912
adityapandya28@gmail.com

Shailesh C. Shah
Managing Committee Rep.

Members
Ashish Rupani Sushil Jain
Rajiv Soni Anuj Dave
Rohit Sadani Dhruv Thakkar
Aditya Harlalka



BADMINTON

CATEGORY	FEEES FOR 2012-2013	FEEES W.E.F 1.4.2013
ADULTS		
Daily	60	60
Monthly	500	500
Quarterly	1000	900
1/2 Yearly	1650	1400
Yearly	2500	2000
CHILDREN		
5 - 10 Years		
Daily	30	FREE
Monthly	250	FREE
Quarterly	500	FREE
1/2 Yearly	825	FREE
Yearly	1250	FREE
11 - 18 Years		
Daily	30	30
Monthly	250	250
Quarterly	500	450
1/2 Yearly	825	700
Yearly	1250	1000
*SR. CITIZEN Above 60 Years		
Daily	30	30
Monthly	250	250
Quarterly	500	450
1/2 Yearly	825	700
Yearly	1250	1000
**COUPLE (New Category)		
Quarterly	0	1500
1/2 Yrly	0	2500
Yearly	0	3500
New member 50%		
Quarterly	500	450
1/2 Yearly	825	700
Yearly	1250	1000
GUEST		
Week Days	70	70
Saturday, Sunday & Bank Holidays	110	110
Game Charges (Marker) per game	10	10

* Sr. Citizen above 60 years as on 1.4.2012
**Introduced w.e.f. 01.04.2013

Service tax @ 12.36% will be levied on above fees.
No Fees will be charged to Children between 5 To 10 years in this department.

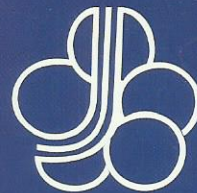
Champions keep playing until they get it right.
- Billie Jean King

TABLE TENNIS

CATEGORY	FEES FOR 2012-2013	FEES W.E.F 1.4.2013
ADULTS		
Daily	20	20
Monthly	120	120
Quarterly	200	150
½ Yearly	300	250
Yearly	500	400
CHILDREN		
5 - 10 Years		
Daily	10	FREE
Monthly	60	FREE
Quarterly	100	FREE
½ Yearly	150	FREE
Yearly	250	FREE
11 - 18 Years		
Daily	10	10
Monthly	60	60
Quarterly	100	75
½ Yearly	150	125
Yearly	250	200
*SR. CITIZEN Above 60 Years		
Daily	10	10
Monthly	60	60
Quarterly	100	75
½ Yearly	150	125
Yearly	250	200
**COUPLE (New Category)		
Quarterly	0	250
½ Yrly	0	400
Yearly	0	700
Family - Yearly	1000	800
New member 50%		
Quarterly	100	75
½ Yearly	150	125
Yearly	250	200
GUEST		
Week Days	40	40
Saturday, Sunday & Bank Holidays	50	50
Game Charges (Marker) Per Game	10	10
<i>*Sr. Citizen above 60 years as on 1.4.2012</i>		1.4.2013
<i>**Introduced w.e.f. 01.04.2013</i>		

Service tax @ 12.36% will be levied on above fees.

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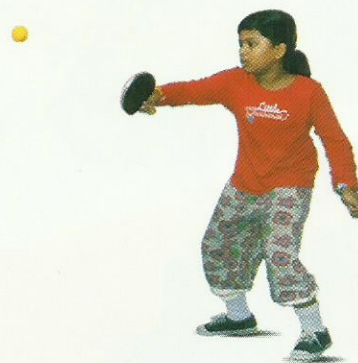
KAUSHAL MEHTA
Chairman
Table Tennis Sub-Comm.

TABLE TENNIS SUB-COMMITTEE

Kaushal Mehta
Chairman
9819997278
getkaushal@gmail.com

Vinod Poddar
Managing Committee Rep.

Members
Sanjiv D. Shah Udayan Bhatt
Suketu Mehta Vishal Mehta
Amit Shah Roma Dutia
Sameer Shroff



I don't know anything that builds the will to win better than competitive sports.

- Richard M. Nixon



BHARAT MEHTA
Chairman
Billiards & Snooker Sub-Comm.

BILLIARDS & SNOOKER SUB-COMMITTEE

Bharat Mehta
Chairman
9820422298
brm1960@gmail.com

Satish C. Shah
Managing Committee Rep.

Members
Kketan Shah Birju Kanani
Vishal Mehta Ravijot Singh Nagi
Rahil Patel Rajesh Vora
Vishnu Kedia



BILLIARDS & SNOOKER

CATEGORY	FEES FOR 2012-2013	FEES W.E.F 1.4.2013
ADULTS		
Daily -(Charges per Game-1/2 Hr.)	20	20
Monthly	550	550
Quarterly	1400	1250
1/2 Yearly	2400	2100
Yearly	3850	3100
**CHILDREN (New Category)		
11 - 18 Years		
Daily -(Charges per Game-1/2 Hr.)	0	20
Monthly	0	275
Quarterly	0	625
1/2 Yearly	0	1050
Yearly	0	1550
*SR. CITIZEN Above 60 Years		
Daily -(Charges per Game-1/2 Hr.)	20	20
Monthly	275	275
Quarterly	700	625
1/2 Yearly	1200	1050
Yearly	1925	1550
NEW MEMBER 50%		
Quarterly	700	625
1/2 Yearly	1200	1050
Yearly	1925	1550
GUEST		
Week Days	80	80
Saturday, Sunday & Bank Holidays	100	100
Game Charges (Marker) Per Game	10	10

*Sr. Citizen above 60 years as on 1.4.2012

1.4.2013

**Introduced w.e.f. 01.04.2013

Service tax @ 12.36% will be levied on above fees.

Winning means you're willing to go longer,
work harder, and give more than anyone else.

- Vince Lombardi

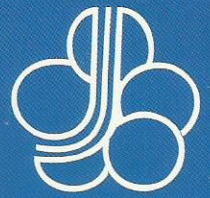
SQUASH

CATEGORY	FEEES FOR	FEEES W.E.F
	2012-2013	1.4.2013
ADULTS		
Daily	60	60
Monthly	500	500
Quarterly	1000	950
1/2 Yearly	2000	1800
Yearly	3000	2800
CHILDREN		
5 - 10 Years		
Daily	40	FREE
Monthly	400	FREE
Quarterly	600	FREE
1/2 Yearly	1000	FREE
Yearly	1500	FREE
11 - 18 Years		
Daily	40	30
Monthly	400	250
Quarterly	600	475
1/2 Yearly	1000	900
Yearly	1500	1400
*SR. CITIZEN Above 60 Years		
Daily	30	30
Monthly	250	250
Quarterly	500	475
1/2 Yearly	1000	900
Yearly	1500	1400
**COUPLE (New Category)		
Quarterly	0	1800
1/2 Yrly	0	3400
Yearly	0	5300
NEW MEMBER 50%		
Quarterly	500	475
1/2 Yearly	1000	900
Yearly	1500	1400
GUEST		
Week Days	125	125
Saturday, Sunday & Bank Holidays	150	150
Game Charges (Marker) Per Game	10	10
COACHING		
Regular	2000 Per Month	2000 Per Month

*Sr. Citizen above 60 years as on 1.4.2012 1.4.2013
 **Introduced w.e.f. 01.04.2013

Service tax @ 12.36% will be levied on above fees.
 No Fees will be charged to Children between 5 To 10 years in this department.

"Winning isn't everything—but wanting to win is."
 - Vince Lombardi Jr.



BHAVESH SHAH
 Chairman
 Squash Sub-Comm.

SQUASH SUB-COMMITTEE

Bhavesh Shah
 Chairman
 9869404302
 bjshah48@gmail.com

Sachin Doshi
 Managing Committee Rep.

Members

Rajan Chheda Vishal B. Morjaria
 Sanjay B. Kalati Vivek Khanna
 Pranav Agarwal Kapil V. Desai
 Vivek Poddar





SUNIL SHAH
Chairman
Lawn Tennis Sub-Comm.

LAWN TENNIS SUB-COMMITTEE

Sunil Shah
Chairman
9821063316
sunilshah234@gmail.com

Yash Bhuta
Managing Committee Rep.

Members

Anirudh Desai Kirit Mehta
Bharat C. Shah Keyur Gandhi
Ranjit Parikh Chakor Shah
Jinesh Choksi

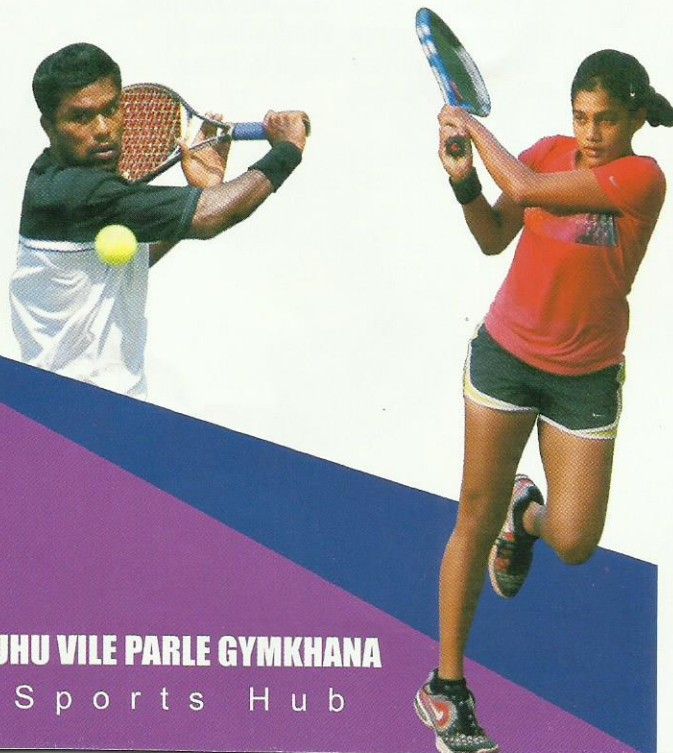
LAWN TENNIS

CATEGORY	FEES FOR 2012-2013	FEES W.E.F 1.4.2013
ADULTS		
Daily	80	80
Monthly	600	600
Quarterly	1200	1000
1/2 Yearly	2000	1600
Yearly	2800	2200
CHILDREN		
<u>5 - 10 Years</u>		
Daily	40	FREE
Monthly	300	FREE
Quarterly	600	FREE
1/2 Yearly	1000	FREE
Yearly	1400	FREE
<u>11 - 18 Years</u>		
Daily	40	40
Monthly	300	300
Quarterly	600	500
1/2 Yearly	1000	800
Yearly	1400	1100
*SR. CITIZEN Above 60 Years		
Daily	40	40
Monthly	300	300
Quarterly	600	500
1/2 Yearly	1000	800
Yearly	1400	1100
**COUPLE (New Category)		
Quarterly	0	1800
1/2 Yrly	0	3000
Yearly	0	4000
NEW MEMBER 50%		
Quarterly	600	500
1/2 Yrly	1000	800
Yearly	1400	1100
GUEST		
Week Days	125	125
Saturday, Sunday & Bank Holidays	175	175
Game Charges (Marker) Per Game	10	10
Flood light - 45 minutes	200	200
Lost ball charges	20	20
COACHING		
Beginners	800 Per Month	800 Per Month
Intermediate	1200 Per Month	1200 Per Month
Advanced	1500 Per Month	1500 Per Month

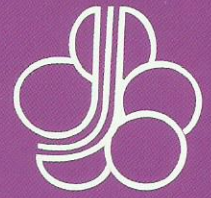
*Sr. Citizen above 60 years as on 1.4.2012 1.4.2013
**Introduced w.e.f. 01.04.2013

Service tax @ 12.36% will be levied on above fees.
No Fees will be charged to Children between 5 To 10 years in this department.

A great tennis career is something that a 15-year-old normally doesn't have. I hope my example helps other teens believe they can accomplish things they never thought possible. - Maria Sharapova



SWIMMING POOL



CATEGORY	FEES FOR 2012-2013	FEES W.E.F 1.4.2013
ADULTS		
Daily	100	50
Monthly	325	325
Quarterly	500	450
1/2 Yearly	750	650
Yearly	1400	1150
CHILDREN		
5 - 10 Years		
Daily	50	25
Monthly	125	125
Quarterly	300	225
1/2 Yearly	500	270
Yearly	850	500
11 - 18 Years		
Daily	50	25
Monthly	125	165
Quarterly	300	225
1/2 Yearly	500	325
Yearly	850	575
*SR. CITIZEN Above 60 Years		
Daily	50	25
Monthly	165	165
Quarterly	250	225
1/2 Yearly	375	325
Yearly	700	575
**SENIOR CITIZEN COUPLE (New Category)		
Quarterly	0	400
1/2 Yearly	0	550
Yearly	0	1000
**COUPLE (New Category)		
Quarterly	0	800
1/2 Yrly	0	1100
Yearly	0	2000
Family - Yearly	2800	2800
NEW MEMBER 50%		
Quarterly	250	225
1/2 Yrly	375	325
Yearly	700	575
Family - Quarterly	350	350
Family - Yearly	1400	1400
GUEST		
Week Days	150	150
Saturday, Sunday & Bank holiday	200	200
Vacation period - Daily	250	250
OTHERS		
Shampoo	5	5
Soap	5	5
Gown	20	20
Towel	20	20
COACHING		
Beginners	750 Per Month	750 Per Month
Advanced	2000 Per Month	2000 Per Month
*Sr. Citizen above 60 years as on 1.4.2012		1.4.2013
**Introduced w.e.f. 01.04.2013		

Service tax @ 12.36% will be levied on above fees.



NIKHIL THANAWALA
Chairman
Swimming Pool Sub-Comm.

SWIMMING POOL SUB-COMMITTEE

Nikhil Thanawala
Chairman
9892755894
nikhilthanawala@gmail.com

Balkisan Sanghvi
Managing Committee Rep.

Members

Dinesh Arya Kamlesh Ajmera
Bela L. Vakil Bharat Sejpal
Tushar M. Sangani Jayesh Lakhani
Sameep Shah



Don't practice until you get it right. Practice until
you can't get it wrong. – **Unknown**



PAWANKUMAR SARAF
Chairman
Health Club Sub-Comm.

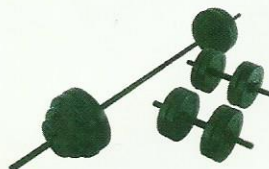
HEALTH CLUB SUB-COMMITTEE

Pawankumar Saraf
Chairman
9322302211
pavansaraf@hotmail.com

Yash Bhuta
Managing Committee Rep.

Members

Mohan Savalkar	Ajinkya Deo
Anirudh Desai	Ravi Lalwani
Maloy Bhatt	Gautam Podar
Vikram Manco	Krishna Gokani
Hemant Kamdar	Archanaa Bijlani
Inderraj Gulati	



JUHU VILE PARLE GYMKHANA
Sports Hub

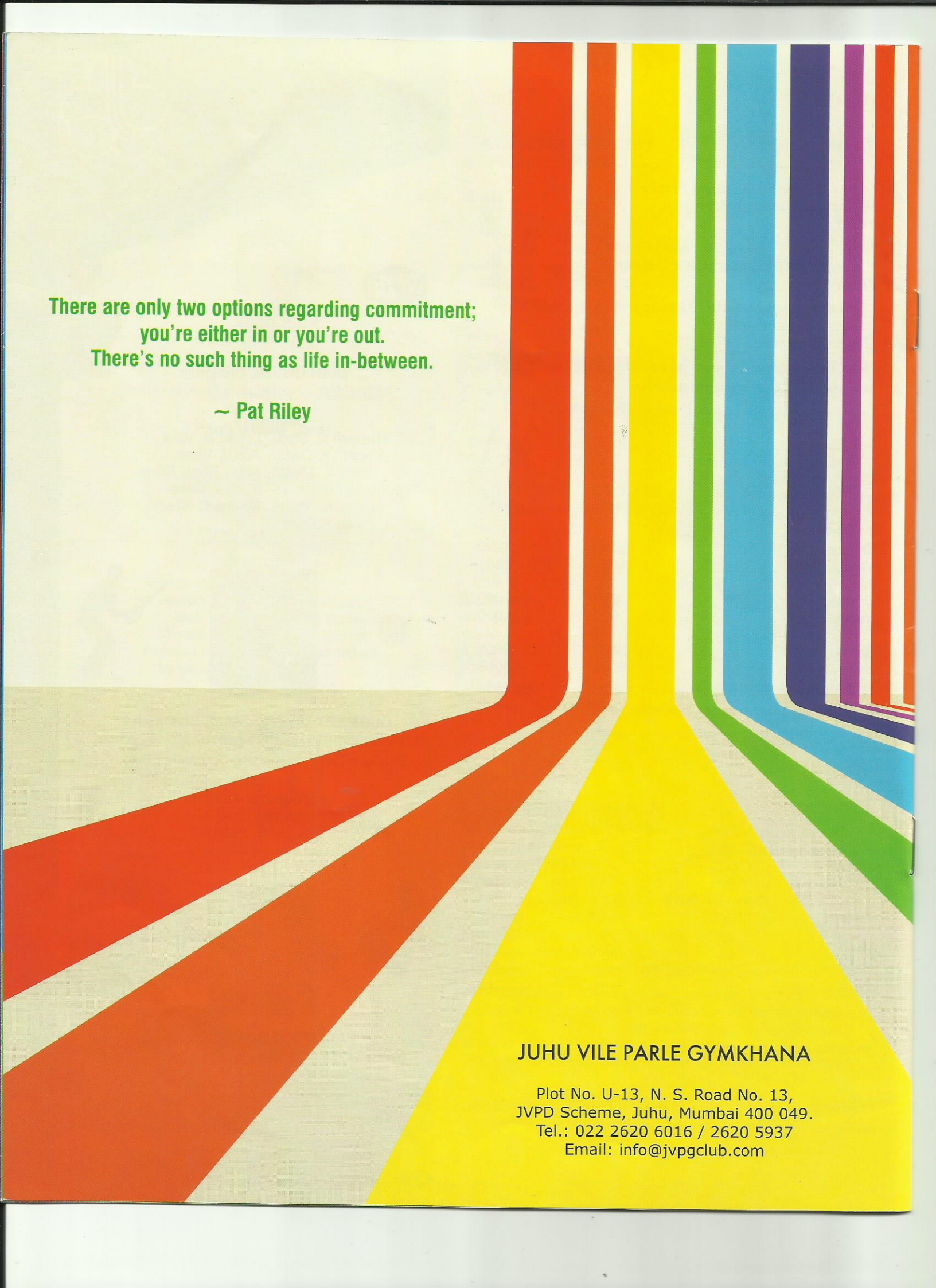
HEALTH CLUB

CATEGORY	FEEES FOR 2012-2013	FEEES W.E.F 1.4.2013
ADULTS		
Daily	130	100
Monthly	1000	1000
Quarterly	2000	1800
1/2 Yearly	3000	2600
Yearly	4500	4000
CHILDREN		
5 - 18 Years		
Daily	65	50
Monthly	500	500
Quarterly	1000	900
1/2 Yearly	1500	1300
Yearly	2250	2000
*SR. CITIZEN Above 60 Years		
Daily	65	50
Monthly	500	500
Quarterly	1000	900
1/2 Yearly	1500	1300
Yearly	2250	2000
SENIOR CITIZEN COUPLE		
Yearly	3650	3200
COUPLE		
Yearly	7300	6400
NEW MEMBER 50%		
Quarterly	1000	900
1/2 Yearly	1500	1300
Yearly	2250	2000
Couple	3650	3200
GUEST		
Week Days	250	250
Saturday, Sunday & Bank Holidays	300	300
OTHERS		
Shampoo	5	5
Soap	5	5
Gown	20	20
Towel	20	20
Disposable table spread	20	20
Massage - 1/2 hour	100	100
Massage - 1 hour	150	150
Massage - 1.1/2 hour	250	250
Massage - 2 hour	300	300
Massage - Guest. 1/2 hour	150	150
Massage - Guest. 1 hour	250	250
Massage - Cancellation 1/2 hour	25	25
Massage - Cancellation 1 hour	50	50
Massage - Cancellation 1.1/2 hour	75	75
<i>*Sr. Citizen above 60 years as on 1.4.2012</i>		<i>1.4.2013</i>

Service tax @ 12.36% will be levied on above fees.

Nobody's a natural. You work hard to get good and then work to get better. It's hard to stay on top.

- Paul Coffey



There are only two options regarding commitment;
you're either in or you're out.
There's no such thing as life in-between.

~ Pat Riley

JUHU VILE PARLE GYMKHANA

Plot No. U-13, N. S. Road No. 13,
JVPD Scheme, Juhu, Mumbai 400 049.

Tel.: 022 2620 6016 / 2620 5937

Email: info@jvpgclub.com